

KELOWNA WINTER SPORT 2023-24

**Special
Olympics**
British Columbia



SPORT*

PRACTICE TIME*

DATES*

5-Pin Bowling	Capri Lanes	Monday 4 – 6 pm	Oct 16 - Dec 18 Jan 8 - March 11
10-Pin Bowling	McCurdy Bowling Centre	Wednesday 4 - 5:30 pm	Oct 11 -Dec 20 Jan 10 - March 13
Alpine Skiing	Big White	Saturday 9 - 11 am	Jan 6 - March 16
Active Start FUNDamentals	Parkinson Rec Centre Gym	Tuesday 3:30-4:30 pm 4.30-5:30 pm	Oct 10 - Dec 19 Jan 9 - March 12
Basketball Advanced	TBD	Thursday 7-9 pm	Oct 12- Dec 21 Jan 11 - Mar 14
Basketball -Beginner	TBD	Thursday 6 - 7 pm	Oct 12 - Dec 21 Jan 11 - March 14
Club Fit	CrossFit Okanagan	Sunday 3:30-4:30 (4:30-5:30 if needed)	Oct 15 - Dec 17 Jan 7 - March 10
Cross Country Skiing	Telemark Nordic Club	Saturday 9 am - 12 pm	Jan 6 - March 16
Curling	Kelowna Curling Club	Tuesday 4:30 - 5:30 pm	Oct 10 – Dec 19 Jan 9 - Mar 12
Figure Skating	Royal LePage Place Arena	Sunday 8:30-9:15 pm	Oct 15 - Dec 17 Jan 7 - Mar 10

Floor Hockey -Advanced	Parkinson Recreation Centre	Friday 5:30 - 6:30 pm	Oct 13 - Dec 15 Jan 5 - Mar 15
Floor Hockey - Beginner	Parkinson Recreation Centre	Friday 4:30 - 5:30 pm	Oct 13 - Dec 15 Jan 5 - Mar 15
Learn to Skate	Royal LePage Place Arena	Sunday 7:45-8:30 pm	Oct 15 - Dec 17 Jan 7 - Mar 10
Powerlifting	CrossFit Okanagan	Tuesday 6:30 - 8 pm & Saturday 4:00-5:30 pm	Oct 10 - Dec 19 Jan 9 - Mar 16
Rhythmic Gymnastics	TBD	Tuesday 6:30 - 8 pm	Oct 10 - Dec 19 Jan 9 - Mar 12
Snowshoeing	Telemark Nordic Club	Sunday 10 am- 1 pm	Jan 7- Mar 10
Swimming	Parkinson Recreation Centre	Monday & Wednesday 6 - 7 pm	Oct 11 - Dec 20 Jan 8 - Mar 13 (Extra practices March 25,27 & April 3 @ H2O)

Winter Sports Fee Total

\$ _____

+ \$ 20 registration fee

TOTAL OWING (cheque or money order)

\$ _____

****NOTE:** all sports, venues, practice times, start dates and fees are tentative and are subject to change and/or

cancellation due to but not limited to COVID-19 and/or program

REGISTRATION Questions/Inquiries: kelowna@specialolympics.bc.ca

Active Start & FUNdamentals Questions/Inquiries: youth.sobckelowna@gmail.com