

Program	Location	Date/Time (No sessions on long weekends Sat/Sun/Mon)	Start Date (subject to change)	End Date (subject to change)
Athletics (Track & Field)	Maple Ridge Secondary track	Wednesdays 5:30 – 6:30 pm	April 10	June 26
Bocce	Maple Ridge Secondary field	Wednesdays 6:30 - 7:30 pm	April 10	June 26
Fit Family & Friends	Various	Weekends	July	August
Golf	Hackers Haven	Tuesdays 6:00 pm	April 9	June 25
Soccer	Maple Ridge Secondary field	TBD	April 10*	June 26*

Athletes will be contacted by coaches to confirm the start date and time. DO NOT attend the session until you have this confirmation.

Reminder that athletes will not be allowed to participate until the registrar has received and distributed the updated medical form to coaches.

For updates to this schedule:

https://specialolympics.ca/british-columbia/communities/ridge-meadows

To learn more and get involved please contact:

RidgeMeadows@specialolympics.bc.ca

## We need volunteers for ALL programs this spring.

Programs are subject to postponement until we have enough volunteers and coaches in