

SOBC Nanaimo Sports Schedule 2024-25

Sport	Day/Time	Location	Start Date	Head Coach
5 Pin Bowling	Saturdays 2pm-4 pm	Brechin Lanes	TBD Bowling lane closing ☹️	Jacky Sheng 250-802-1088
10 Pin Bowling	Mondays 3pm-5 pm	Splitsville	Oct 21	Doris Montgomery 250-327-1684
Club Fit	Mondays 6:30pm-7:30 pm	Quarterway School (trying to get new gym)	Oct 21	Angela Behn angelabehn@shaw.ca
Power Lifting	TBD			
Basketball	Mondays TBD	Quarterway School (trying for new gym)	Oct 21	TBD
Floor Hockey	Tuesdays 6pm-7:30 pm	Rock City School	Oct 22	Travis Jorgensen 250-802-8581
Swimming	Tuesdays/Thursdays 5pm-7 pm	Beban Park Pool	Oct 22	Dayan Batara 250-740-8111
Fundamentals	TBD			
Track	Mondays 5:45pm-7(ish) pm	NDSS track	April	Angela Behn 778-674-5054
Golf	Thursdays Time TBD	Beban Park golf	May	Kevin Scarsbrook
Rhythmics	Wednesdays 6pm-7pm	Fairview School	Oct 23	Stephanie Martin 250-797-4944
Softball	Wednesdays 6:30pm- 8:00(ish)	Fairview School	May	Debbie Young
Soccer	Tuesdays 6pm -7 pm	TBD	April	Alandra Francois
Bocci	TBD	TBD	TBD	Deborah Munday