



Sport	Location	Time/Date	Start Date	Coachs
5 – pin Bowling	Glenmerry Bowl	Monday 6 pm	September 18 2023	HC: Alan Prough Jacob, Thomas, Linda, Debbie, Sheila & Gail
Alpine Skiing	Red Mountain	Sunday Morning	January 2024	HC: Kurt Kutcher Darrel, Jamie, Russ, Dave
Bocce	Bocce Pits	Monday 6 pm	May 2024	HC: Alan Prough Linda
Golf	Champion Lakes Golf Course	TBD	Spring 2024	HC Rhonda Chandler
Snow Shoeing	Haley Park Field	Saturday 11 am	Dry Land training TBD	HC Rhonda Chandler
Swimming	Trail Aquatic Centre	Wednesday 5:30	Session 1 November 1 - December 13 Session 2 January 10 - March 13 Session 3 April 3 - May 8	HC BettyAnne Marino Carol, Tessa
Rhythmic Gymnastics	Trail United Church	Tuesday 2:45 to 4:00	Sept 26 2023 to Apr 29 2024	HC Debbie Bailey
Club Fit	Elevate Athletics / Crossfit	TBD	TBD	HC Cam, Gail, Linda P & Linda M
Track and Field	On hold	TBD	TBD	
Floor Hockey	Kootenay Columbia Learning Centre	Wednesday 7 – 8:30	October 4	HC Sid Compston, Rhonda & Chris
BasketBall	Trail Field House	TBD	TBD	HC Sid Compston, Rhonda & Chris
FUNDementals	TBD	TBD	TBD when school starts	HC Jamie Santano