



SOBC – Kamloops 2023-2024 Fall and Winter Sport Schedule

SPORT/ COACH	PRACTICE TIME	VENUE	COST	DATES
Powerlifting (Must have permission of the coach (Jordan Sernaggia)	Monday 12-2pm Wednesday 1-3pm	Cold Iron Power and Fitness Unit 2B 2121 East Trans Canada Hwy	100.00	Sept. 11 – April 10 (Continues in Spring Session)
Swimming (Aaron Leontowich)	Tuesday 6:15-7:30pm	YMCA 400 Battle Street	100.00	Oct. 3 – April 2
5 Pin Bowling 10 pin Bowling (Michael Maveety)	Wednesday 4:00-6:00pm	Falcon Lanes 2020A Falcon Road	50.00 plus cost of two games paid weekly to Falcon Lanes	Sept. 20 – April 10
Floor Hockey (Kris Baker)	Thursday 6:00-8:00pm	Bert Edwards Science and Tech Elementary School 711 Windsor Avenue	50.00	Oct. 19 – March 28
Curling (Ken Brown, Corryn Brown)	Thursday 4:30-5:30pm	McArthur Island Curling Club 1665 Island Parkway	50.00	October 5 – March 28
Club Fit (Michelle Nelson)	Friday 3pm-4pm	Downtown Community Y 400 Battle Street	50.00	Sept. 22 – April 12 (Continues in Spring Session)
Basketball (Les Andrykew)	Saturday 9:30-11:30am	Kamloops Christian School Gym 750 Cottonwood Avenue	50.00	Sept. 30 – March 30
Active Start ages 2-6	Saturday 10:30-11:15am	Lloyd George Elementary School Gym 830 Pine Street	\$10.00	Oct. 14 – April 6
FUNDamentals ages 7-11 (Marilyn McLean)	Saturday 11:30-12:15	Lloyd George Elementary School Gym 830 Pine Street	\$10.00	Oct. 14 – April 6
Rhythmic Gymnastics (Marilyn McLean)	Saturday 12:30-1:30pm	Lloyd George Elementary School Gym 830 Pine Street	50.00	Oct. 14 – April 6



Snowshoeing (Nan Stevens)	Sundays TBA 10am-12:00	Harper Mountain Cross Country Trails	\$35.00	January 2024
Cross Country Skiing Curtis Howell	Saturday 10:30-11:30am	Stake Lake Cross Country Trails	50.00	Waiting for snow!

Fees and Notes:

- **Powerlifting and Swimming- \$100.00**
- **All other sports- \$50.00; FUNdamentals (ages 6-11) Active Start (ages 2-5) Fee: \$10.**
- **Snowshoeing and Cross Country Skiing – Must have transportation to get there.**
- **Sports continuing in Spring Session will be subject to a further registration fee, payable in April.**