

Sport	Start/End Date	Venue	Day/Time
Basketball	Oct 19 – March 15	Ellison	Mondays 6-7:30
Bowling (5 pin)	Oct 15 – Dec 10 Jan - March	Lincoln Lanes	Sat 1-3 pm?
Curling	Oct 13 – Dec 8 Jan - March	Vernon Curling Rink	Thurs 4-5 pm?
Club Fit	Oct 17 – Dec 12 Jan - March	Alexis Park	Tuesdays 5:30-7:30
Powerlifting	Oct 16 – March ?	Fitness West	Sundays 1:00 – 3:00
Swimming	Nov 18-Dec16 Jan 6 – March 31	Vernon Rec Centre	Fridays 4:00-5:00
Floor Hockey	Oct – Dec Jan – March	TBD	Wed 6-7:30
Bocce	May – June	Polson Park	Sat 2-4pm?
Cross Country Skiing	Dec – March	Sovereign Lake	Thurs 3:30 – 5
Golf	April – June	Spallumcheen	Tues 6:30-7:30
Snowshoeing	October – March	Silver Star	Sat 9:30 – 11
Soccer	April 17 – June 26 (as per Kelly)	MacDonald Field	Mondays April 17-May 15
Track and Field	April – June	Vernon Athletic Park	Thurs 6-8pm
Alpine Skiing	Jan – March	Silver Star	TBD
Fundamentals	TBD	TBD	TBD