



Sport	Location	Time/Date	Start Date	Coachs
5 – pin Bowling	Glenmerry Bowl	Monday 6 pm	September 19	HC: Alan Prough Jacob, Thomas, Linda, Debbie, Sheila, Donna,
Alpine Skiing	Red Mountain	Sunday Morning	January 2023	HC: Kurt Kutcher Darrel, Jamie, Russ, Dave
Bocce	Bocce Pits	Monday 6mp pm	May 2023	HC: Alan Prough Linda
Golf	Champion Lakes Golf Course	Monday 8 am	Spring 2023	HC Rhonda
Snow Shoeing	Haley Park Field	Saturday 11 am	Dry Land training October 8	HC Rhonda
Swimming	Trail Aquatic Centre	Wednesday 5pm	October 5	HC BettyAnne Marino Carol, Tessa
Rhythmic Gymnastics	Trail Legion	Thursday 4 pm	October 6	HC Debbie
Club Fit	Elevate Athletics / Crossfit	TBD	TBD	HC Cam, Gail & Linda
Track and Field	On hold	TBD	TBD	
Floor Hockey	Trail Field House	Tuesday 4:15	October 4	HC Sid, Rhonda, Chris & Lucas
BasketBall	Trail Field House	Tuesday 4:15	February	HC Sid, Rhonda, Chris & Lucas
FUNDamentals & Active Start	Rossland Summit School	Monday 1 - 2	Oct 3	HC Jamie Santano