

SOBC – Kamloops 2022-2023 Fall and Winter Sport Schedule

SPORT/ COACH	PRACTICE TIME	VENUE	COST	DATES
Powerlifting (Must have permission of coach Jordan Sernaggia)	Monday 12-2pm Wednesday 1-3pm	Cold Iron Power and Fitness Unit 2B 2121 East Trans Canada Hwy	100.00	Sept 12 to April 12, 2023 (Continues in spring season)
Swimming (Aaron Leontowich)	Tuesday 6:15-7:30pm	YMCA 400 Battle Street	100.00	Oct 4, 2022, to April 4, 2023
5-Pin Bowling 10-Pin Bowling (Michael Maveety)	Wednesday 4:00-6:00pm	Falcon Lanes 2020A Falcon Road	50.00 plus cost of two games paid weekly to Falcon Lanes	Sept 21, 2022, to April 12, 2023
Curling (Ken Brown, Corryn Brown)	Thursday 4:30-5:30pm	McArthur Island Curling Club 1665 Island Parkway	50.00	Oct 6, 2022, to March 2, 2023
Floor Hockey (Kris Baker)	Saturday 10:30-12:00	Kamloops Christian School Gym 750 Cottonwood Street	50.00	Oct 15, 2022, to Feb 25, 2023
Club Fit (Michelle Nelson)	Friday 3:00-4:00pm	Downtown Community Y 400 Battle St.	50.00	Sept 23 to April 13, 2023 (Continues in spring season)
Basketball (Les Andrykew)	Saturday 8:30-10:15am	Kamloops Christian School Gym 750 Cottonwood Street	50.00	Oct 1, 2022, to March 25, 2023
Rhythmic Gymnastics (Marilyn McLean)	Saturday 11:30-12:30	Lloyd George Elementary School Gym 830 Pine St	50.00	Oct 22, 2022, to April 5, 2023
FUNDamentals Ages 7 – 11 (Marilyn McLean)	Saturday 12:30-1:30	Lloyd George Elementary School Gym 830 Pine St	10.00	Oct 22, 2022, to April 5, 2023

- Cross country skiing will be offered if there is enough interest. Must have own equipment and transportation.
- Sports continuing in spring season will be subject to a further registration fee, payable in April.
- Registration details: <https://www.specialolympics.ca/british-columbia/communities/kamloops>
- General questions: sokamloops@gmail.com