



Special Olympics LANGLEY 2022/23 Sports Program Schedule

WINTER Sports (October through March):

SUNDAY	Curling	George Preston	OCT16 – MAR5	3:30 – 5 pm
MONDAY	Bowling	Alder Alley	Sept26 - DEC19	6:30 – 8 pm
	FUNDAMENTALS – Postponed due to lack of registrations			
TUESDAY	Swimming	Walnut Grove Rec.	Postponed to due lack of volunteers	
	Basketball 'B/C'	HD Stafford Big Gym	OCT 11 – MAR 7	7:00 – 8:30 pm
	Basketball 'A'	HD Stafford Small Gym	OCT 11 – MAR 7	7:00 – 8:30 pm
WEDNESDAY	Rhythmic Gym	Walnut grove Senior Sec.	NOV 2 – MAR 8	6:30 – 8:00 pm
THURSDAY	Club Fit	Topham Elementary	OCT 13 – MAR 9	6:15 – 7:45 pm
	Floor Hockey	HD Stafford Big Gym	OCT 13 – MAR 9	7:00 – 8:30 pm
FRIDAY	Bowling Bowling	Alder Alley Spring	JAN 6 – MAR 31 APR 7 – JUN 23	6:00 – 7:30 pm 6:00 – 7:30 pm

Note: Bowling is in 3 different time slots due to the large numbers of athletes that are registered. The Alley and the volunteers can only support 40 maximum for September 26 start and January 6 start. Spring bowling can only accommodate 50. The bowling coach will be in touch with all athletes.