



SPORT	PRACTICE TIME	VENUE	COST	DATES	COACHES
5-pin Bowling	Mondays 6pm	Glenmerry Bowl	FREE	Sept 27, 2021	HC: Alan Prough Assistants: Linda Prough, Debbie Barns, Diana Mack, Jacob Plett, Thomas Plett, Gail Miller,
Alpine Skiing	Sunday mornings	Red Mountain	FREE	Jan, 9, 2022	HC: Kurt Kutcher Assistants: Darrel Fry, Jamie Santano Russ Davidson, Dave Henke,
Bocce	Mondays 6pm-8pm	Bocce Pits	FREE	May 2 – June 20 2022	HC: Alan Prough Assistant: Linda Prough
Golf	Fridays 6-8pm	Champion Lakes Golf Course	FREE	Spring 2022	HC: Rhonda Chandler
Snowshoeing	Saturday 11 am	Haley Park Field	FREE	October 17, 2021	HC: Rhonda Chandler
Swimming	Wednesdays 7pm	Trail Aquatic Centre	FREE	Oct 20, 2021	HC: Betty Ann Marino AC: Carol Currie Tessa Jones
Cross Fit (Club Fit) On Hold	TBD	Elevate Athletics / Silver City Cross Fit	FREE	TBD	HC: Rhonda Michallik Assistants: Gail Miller
Track and Field	TBD	Haley Park	FREE	Spring 2022	HC : AC:
Rhythmic Gymnastics	Thursday 4 pm	Trail Legion	FREE	Feb 3, 2022	HC: Debbie Barns Assistant: Jamie Santano