



2019-2020 PROGRAM SCHEDULE

Sport	Dates	Time	Location	Contact
ALPINE SKIING	Thurs-Jan. 2 to March Sun-Jan. 5 to March 2020	6-8 pm (meet at the mall at 5pm) 9 am – 2 pm	KIMB. ALPINE RESORT	Misty Pagliaro 250-908-0513 mistypagliaro@gmail.com
CURLING	Thursdays October-March	6:30 – 8 pm	CRANBROOK CURLING RINK	Mia Wishlow 250-808-5562 mia.wishlow@gmail.com
BOWLING	Sundays-Sept. to May	1:30-3	JUNIPER LANES	Marg McLellan 250-427-4019 & Carolyn McLean 250-919-4667 misscarolyn@live.ca
BOWLING	Monday-Oct. to May	1-3pm	JUNIPER LANES	Virginia Allen 250-919-7145 Vallen55@icloud.com Shelley Webber 250-919-6459 shelleyannewebber@gmail.com
BASKETBALL	Tuesdays January to March	6-7pm	TM Roberts School	Michael Ralph 250-908-0515 Mralph1962@gmail.com
SWIMMING	Wednesdays October to May	7-8 pm	WESTERN FINANCIAL PLACE	Penny Coyle 250-420-7751 penny@apexaccountingcpa.com
FIT CLUB	Fridays October to April	4-5 pm	Core Fitness	Janine Moore 250-421-8994 janinec.grieve@gmail.com
BOCCE	Wednesdays March-June - <i>tentative</i>	4-5 pm	BAKER PARK	Barb Jarrett bbgofish@shaw.ca (& Kathy) Carolyn McLean 250-919-4667 misscarolyn@live.ca
GOLF	Tues. May – Sept.2020	6:15-8:30pm	MISSION HILLS	Misty Pagliaro 250-908-0513 mistypagliaro@gmail.com
X-COUNTRY SKIING	Fall - Saturdays	9:30-12:30	Dry land training in various locations/	Kevin Phillips 250-320-8132 cell or 778-517-5129

	Jan. 4-March 28	9:30 meet at CSCL centre	snow dependent – will be on skis Kimberley Nordic Club (10:15-11:30)	goyko@shaw.ca
ACTIVE START	Every Monday, when school is in session	10:00-11:00AM	ST. MARY'S SCHOOL	Niki Sinhart 250-421-8096 Capc.cbk@ccssebc.com
FAMILY FIT	Mon. July – Sept,2020	7:00 – 8:00PM	Outdoor gym – WFP	Misty Pagliaro 250-908-0513 mistypagliaro@gmail.com

ZOE DAMANT - (250) 581-0120 or email specialolympics.cklocal@gmail.com