

North Shore

Special
Olympics
British Columbia

2019/2020 FALL/WINTER SPORTS	STARTING DATE FOR ATHLETES	TIME	LOCATION
Active Start (Ages 2-6...Parent participation is mandatory)	Sundays Sept 15 – Mar. 22	3:15 – 4:15 PM	West Vancouver Community Centre, Sports Gymnasium West Vancouver
Alpine Skiing	Mondays Jan. & Feb. 2020	6:00 – 9:00 PM	Cypress Mountain West Vancouver
Basketball A & B	Sundays Sept. 15 - Mar. 22	6:45 – 8:45 PM	West Vancouver Community Centre, Sports Gymnasium, West Vancouver
Basketball C	Sundays Sept. 15 - Mar. 22	4:30 – 6:30 PM	West Vancouver Community Centre, Sports Gymnasium, West Vancouver
Basketball-Sport Start (12-21) Session 1 Session 2	Tuesdays Sept.10 – Nov. 26 Jan. 7– Mar. 10	7:30 – 8:30 PM	Carisbrooke Elementary School 510 E. Carisbrooke Road, North Vancouver
Bowling 5 Pin League	Tues. Sep.10 – Mar. 17 Thurs. Sep. 12 - Mar. 19	6:00 – 8:00 PM (3 games)	North Shore Bowl 141 W 3 rd Street, North Vancouver
Bowling 10 Pin League	Saturdays Sept. 7 – Mar. 14	11:30 AM (3 games)	Rev's Bowling Centre 5502 Lougheed Highway, Burnaby
Club Fit Session 1 Session 2	Tuesdays Sept. 10– Nov. 26 Jan. 7 - Mar. 10	5:30 – 6:30 PM	Mickey McDougall Gym 200 block E. 23 rd Street, North Vancouver
Cross Country Skiing & Snowshoeing	Sundays Jan. & Feb. 2020	8:30 – 11:30 AM	Cypress Mountain West Vancouver (\$50 for bus from Park Royal to Cypress Mountain for the season)
Floor Hockey B	Mondays Sept. 9 – Mar. 23	7:15 – 8:45 PM	Memorial Gymnasium SW corner 23 rd /St. Georges, North Vancouver
Floor Hockey C	Wednesdays Sept. 11– Mar. 25	7:30 – 8:30 PM	Memorial Gymnasium SW corner 23 rd /St. Georges, North Vancouver
FUNDamentals (7-11)	Sundays Sept 15 – Mar. 22	3:15 – 4:15 PM	West Vancouver Community Centre, Sports Gymnasium, West Vancouver
Rhythmic Gymnastics	Thursdays Oct. 3 – Apr. 23	5:15 – 6:45 PM	St. Catherine's Church Gymnasium 1058 Ridgewood, North Vancouver
Swimming	Saturdays Sept. 14 – Mar. 28	7:30 – 8:30 AM	Harry Jerome Lonsdale & 23 rd , North Vancouver
Swimming-Sport Start (12-21) Session 1 Session 2	Saturdays Sept. 14 – Dec. 14 Jan. 4 – Mar. 28	8:30 – 9:30 AM	Harry Jerome Lonsdale & 23 rd , North Vancouver

SPRING SPORTS will start early April and run until the end of June. Times and venues will be confirmed in March 2020. The programs offered are:

MONDAYS	Soccer	6:00 – 7:30 p.m.
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MONDAYS	Golf	6:30 – 8:00 p.m.
TUESDAYS	Track & Field	6:30 – 8:00 p.m.
WEDNESDAYS	Bocce	6:30 – 8:00 p.m.
THURSDAYS	Softball	6:30 – 8:00 p.m.

For additional information regarding our registration, programs, athletes, volunteer opportunities, and Local, please visit our website:

www.sobcnorthshore.ca