



## 2019-2020 Sport Schedule

SPORT	PRACTICE TIME	VENUE	COST	DATES
Bowling	Thursday 6:00pm.- 7:30	Bowling Alley	\$17.50 per session	Oct-Dec.5th
Active Start	TBA		No cost to athletes	TBA
Dryland Training	Mondays 3:30- 4:45pm	Lady Grey Elementary School	No cost to athletes	Oct 15 <sup>th</sup> to start
Fundamentals	TBA	Lady Grey Elementary School	No cost to athletes	
Club Fit	TBA	Lady Grey Elementary School	No cost to athletes	TBA
Cross-Country Skiing	Wednesdays 4:00pm-5:30pm Sundays 1:00- 3:00pm	Dawn Mountain Nordic Center	19\$ to be a member of CCBC	TBA
Alpine Skiing	TBA	Kicking Horse Resort	½ Day ticket/session or ski pass	TBA
Snowshoeing	Saturdays 10:00- 11:30	Dawn Mtn	19\$ to be a member of CCBC	Jan.12 to mid March
Swimming	Tuesdays 5:00-630pm	Radium hot springs Golden Swimming Pool	6.30 admission to Radium hot springs (2 sessions)	May 22nd 2019 to July 31st 2019
Golf	TBA	Golden Golf Course	Discounted membership fee to access golf course: 100\$	TBA