

# SPECIAL OLYMPICS BC – Coquitlam

## Serving the Tri-Cities

### *Summer Programs*

(April to June)

<b>Monday</b>	Soccer	6:30 - 8:00 pm
	Walking Club (April-August)	6:30 - 7:30 pm
<b>Tuesday</b>	Softball	6:30 - 8:00 pm
<b>Wednesday</b>	Track & Field	6:30 - 8:00 pm
<b>Mon/Thurs.</b>	Golf	6:30 – 8:00 pm
<b>Saturday</b>	Softball	9:30 - 11:00 am
<b>Sunday</b>	Bocce	To be confirmed

*Program schedule is subject to change*

### *Winter Programs*

<b>Monday</b>	Swimming		
	Learn to Swim	5:00 – 5:30 pm	Starts Sept. 16
	Lengths Swim	5:30 – 6:30 pm	Starts Sept. 16
	Alpine Skiing	Evenings	Starts January
<b>Tuesday</b>	Athl.Club	6:30 – 7:30 pm	Starts Sept. 17
	5 Pin Bowling	3:15 - 5:30 pm	Starts Sept. 17
	Club Fit Cardio Training	7:30 - 8:30 pm	Starts Sept. 17
<b>Wednesday</b>	Rhythmic Gym	7:15 – 8:15pm	Starts Sept. 18
<b>Thursday</b>	Floor Hockey	6:00 – 7:30pm	Starts Sept. 19
	<b>Friday</b>	Basketball – C Group	6:30 – 7:30 pm
		- B Group	7:30 – 8:30 pm
<b>Saturday</b>	Curling	9:30 – 11:30 am	Starts Sept. 21
	5 Pin Bowling	9:00 - 11:00 am	Starts Sept. 21
	10 Pin Bowling	1:30 - 3:30 pm	Starts Sept. 21
	Active Start and FUNdamentals	3:30 – 4:30 pm	Starts Sept. 21
<b>Sunday</b>	Figure Skating ( <b>new time</b> )	4:15 – 5:15 pm	Starts Sept. 22
	Snowshoeing	8:30 - 11:30 am	Starts January
	Speed Skating	11:15 - 12:45 pm	Starts Sept. 22
	Learn to Skate ( <b>new time</b> )	4:15 – 5:15 pm	Starts Sept. 22

**Program location, registration costs and any additional costs are located on the other side**

For more information about our programs, please call Sheila at 778-384-9533.

*“Let me win, but if I cannot win, let me be brave in the attempt”*

## Additional Program Costs

<b>Program</b>	<b>Location</b>	<b>(on top of the \$15.00 Fee)</b>
Alpine Skiing	Cypress Mountain	Athlete to purchase ski pass directly – local will reimburse a portion of the cost.
Active Start, FUNdamentals	Port Moody Rec Centre	N/A
Athletic Club/Low Int. Cardio	Alderson Elementary Gym 825 Gauthier Avenue, Coquitlam	N/A
Basketball	Charles Best Highschool, Como Lk. Ave.	N/A
Bocce	To Be Determined	
Five Pin Bowling	Port Coquitlam Bowl 2263 McAllister Avenue, Port Coquitlam	Weekly bowling fees
Ten Pin Bowling	Zone Bowling, 228 Schoolhouse St., Coq.	Weekly bowling fees
Curling	Port Moody Rec Centre	N/A
Figure Skating	Poirier Sports Centre Poirier Street, Coquitlam	\$50.00
Floor Hockey	Coquitlam Forum 318 Poirier St.	N/A
Golf	Eagle Quest Golf Course	\$80.00-\$100.00 (paid at start of golf)
Cardio-Club Fit	Alderson Elementary Gym 825 Gauthier Avenue, Coquitlam	N/A
Rhythmic Gym	Eagle Ridge School, 1215 Falcon Dr.	N/A
Snow Shoeing	Cypress Mountain	\$50.00
Soccer	Charles Best Highschool, Como Lk. Ave.	N/A
Softball	Mundy Park Diamonds, on Hillcrest	N/A
Speed Skating	Planet Ice, Coquitlam	\$50.00
Learn to Skate	Poirier Sports Centre	\$25.00
Swimming	Chimo Pool 620 Poirier Street, Coquitlam	\$25.00
Track & Field	Centennial Senior School – Track Field 570 Poirier Street Coquitlam	N/A
Walking Club	Centennial Senior School – Track Field 570 Poirier Street, Coquitlam	There is no charge for this program

The registration fee is **\$15.00 each** for up to **3 sports** (not including extra fees listed above for specific sports). For four (4) or more sports, the total is **\$50.00** (not including extra fees listed above for specific sports).

**CHEQUES TO BE MADE PAYABLE TO SOBC-COQUITLAM  
MAIL FORM/PAYMENT BACK TO REGISTRAR, 33 DARNEY BAY RD,  
PORT MOODY, BC, V3H 3T9 BY AUGUST 27  
OR ATTEND IN-PERSON REGISTRATION SUNDAY AUGUST 18, 12:45-2:00pm, IN THE  
HOWE ROOM AT THE DOGWOOD PAVILION, POIRIER AVENUE**