

## SOBC Kamloops 2019/2020 Fall *and* Winter Schedule

### *Registration: September 7, 2019 11-1 Henry Grube Centre*

SPORT	VENUE	DAY	*TIME	START DATE	COACH
Powerlifting (Must have permission of coach)	NXL Athletics 916 Victoria St, Kamloops, BC	Monday and Friday	1:30-3:00pm	September 30- March 27	Jordan Semaggia
Swimming	YMCA 400 Battle Street	Tuesday	6:15-7:30pm	September 24 - March 24	Aaron Leontowich
5 Pin Bowling 10 Pin Bowling	Falcon Lanes 2020A Falcon Road	Wednesday	4:00-6:00pm	September 18-April 7	Mike Maveety
Curling	McArthur Island Curling Club 1665 Island Parkway	Thursday	4:30-5:30pm	October 3- March 26	Ken Brown Corryn Brown
Floor Hockey	Twin Rivers Education Centre 985 Holt Street	Thursday	6-8:00pm	October 3- April 2	Tony Campese
Club Fit	John Todd Centre Y 150 Wood Street	Friday	4-5:00pm	September 13-April 3	Michelle Nelson
Rythmic Gymnastics	TBA	Saturday	12:30-1:45	October 5- April 4	Marilyn McLean
Basketball	Kamloops Christian School Gym 750 Cottonwood Street	Saturday	10-11:30am	September 28- March 28	Leah Briault

**Notes:**

**Cross Country Skiing and Snowshoeing will be offered if we can find a coach and participants. See sign-up sheet at registration desk**  
**FUNDamentals is as advertised with the City of Kamloops. Cost TBA**

**Costs:**

**Swimming \$100.00**

**5 and 10 pin bowling: \$50.00 plus athletes pay the bowling alley for two games each week**

**All other sports: \$50.00**

**Cancellations:**

**There are no practices on Holiday Long Weekends or over the Christmas Holidays (Oct. 12, Nov. 9, Dec. 21 –January 3, Feb. 15<sup>th</sup>)**