



## Special Olympics West Central 2019-2020 Season

Sport Club	Day	Time	Location	Start Date	End Date
5 Pin Bowling	Every second Tuesday	5:45 – 7:15 pm	St. Albert Bowling Lanes	October 8	April 21
5 Pin Bowling	Every second Thursday	6:46 – 8:30 pm	Wabamun Bowling Lanes	September 19	April 17
Active Start and Fundamentals Session 1	Saturday	1:00 - 2:00 pm	PERC BUILDING Stony Plain	September 28	Nov 30
Active Start and Fundamentals Session 2	Saturday	1:00 - 2:00 pm	PERC BUILDING Stony Plain	January 18	March 22
Athletics	Thursday	6:45 8:00 pm	Muir Lake Community School	May 7	June 24
Bocce	Monday	7:00 – 8:00 pm	Jubilee Park	May 5	July 28
Floor Hockey Level A	Wednesday	8:00-9:00 pm	Muir Lake Community School	October 2	March 18
Floor Hockey Level C	Wednesday	7:10-8:00 pm	Muir Lake Community School	October 2	March 18
Floor Hockey Level D & Beginners	Wednesday	6:30-7:10 pm	Muir Lake Community School	October 2	March 18
Golf	Every second Saturday	10:00 am- 12:00 pm	Stony Plain Golf Course	May 10	Sept 6
Rhythmic Gymnastics Session 1	Saturday	2:00-3:00 pm	PERC BUILDING Stony Plain	September 14	Nov 23
Rhythmic Gymnastics Session 2	Saturday	2:00-3:00 pm	PERC BUILDING Stony Plain	January 10	Mar 22
Snowshoeing	Every second Saturday	10:00 am- 12:00 pm	Central Lyons Log Cabin, Spruce Grove	September 14	April 18
Soccer Beginner	Tuesday	6:30-7:30 pm	Muir Lake Community School	May 6	July 1
Soccer Advanced	Tuesday	7:00-8:00 pm	Muir Lake Community School	May 6	July 1
Softball	Wednesday	6:30-8:00 pm	St. Thomas Aquinas School Spruce Grove	May 15	Aug 7
Speed Skating Beginner	Tuesday	3:00 - 3:45 pm	Tri-Leisure, Spruce Grove	October 1	March
Speed Skating Intermediate	Tuesday	2:15 – 3:00 pm	Tri-Leisure, Spruce Grove	October 1	March
Swimming Child/Youth	Monday	6:30 – 7:00 pm	Tri-Leisure, Spruce Grove	October 7	March 17
Swimming Adult Beginner	Monday	6:30 – 7:00 pm	Tri-Leisure, Spruce Grove	October 7	March 17
Swimming Adult /Youth Intermediate	Monday	7:00 – 7:30 pm	Tri-Leisure, Spruce Grove	October 7	March 17

Like our Facebook page @ Special Olympics West Central. **Questions:** Contact Our Registration Team by Email at [westcentral@specialolympicsalberta.ca](mailto:westcentral@specialolympicsalberta.ca)