**Fall Winter Schedule 2018-19**

**5-Pin Bowling: TABB LANES, 5101-52 Ave. (Tuesdays and Wednesdays: 4:30 sharp-6:00 pm): Tuesday and Wednesday 2 games $150.00 Tuesday 3 games $225.00
September** 25, 26 **October** 2, 3, 9, 10, 16, 17, 23, 24, 30, 31
**November** 6, 7, 13, 14, 20, 21, 27, 28 **December** 4, 5
**January** 8, 9, 15, 16, 22, 23, 29, 30 **February** 5, 6, 12, 13, 19, 20, 26, 27
**March** 5, 6, 12, 13, 19, 20, 26, 27 **March 30 (Tournament and Windup)**

**Fitness-Walking/Running Indoor: COMMUNITY CENTER, 4516 54 St. (Mondays & Wednesdays: 6:30 sharp-7:30 pm): $20.00 (with passes athletes can use walking tracks anytime on their own)
September** 24, 26 **October** 1, 3, 10, 15, 17, 22, 24, 29, 31
**November** 5, 7, 14, 19, 21, 26, 28 **December** 3, 5
**January** 7, 9, 14, 16, 21, 23, 28, 30 **February** 4, 6, 11, 13, 25, 27 **March** 4, 6, 11, 13, 18, 20

**Basketball: SPARLING SCHOOL, 5216-52 Ave. (Sundays: 2:00 sharp-3:00, 3:00 sharp-4:00 pm): $30.00**

**September** 30 **October** 14, 21, 28

**November** 4, 18, 25 **December** 2

**January** 6, 13, 20, 27 **February** 3, 10, 24 **March** 3, 10, 17, 24, 31

**Curling: ROSE CITY CURLING CLUB, 4512-53 St. (Thursdays: 4:30 sharp-5:30 p.m.): $60.00**

**October** 18, 25 **November** 1, 8, 15, 22, 29

**Functional Fitness: MVM, Gateway Centre, 4825 51 St. (Fridays: 4:30 sharp-5:30 p.m.): $225.00 (one 6 month session only)
September** 7, 14, 21, 28 **October** 5, 12, 19, 26

**November** 2, 16, 23, 30 **January** 4, 11, 18, 25

**February** 1, 8, 15, 22 **March** 1, 8, 15, 22

MVM accepts by appt. drop ins, M – F, 4:30 – 8:30 p.m. $10.00 fee, athletes with staff support

**Rock Climbing: Augustana stage, $40.00**

**October** 4, **November** 1**, December** 6, **February 7, March** 7

**ACTIVE START and FUNdamentals: (Saturdays) $30.00
Oct** 13 – Bowling **Oct** 27 - Walking/Running
**Nov** 17 – Swimming **Nov** 24 - Walking/Running/Outdoor Activity
**Dec** 08 – CMB
**Christmas Break
Jan** 12 – CMB **Jan** 26 – Bowling
**Feb** 09 - Walking/Running/Outdoor Activity **Feb** 23 – Swimming
**Mar** 16 – Bowling **Apr** 06 – CMB
**Wind-up TBD**

**CHRISTMAS DINNER FOR ALL ATHLETES and VOLUNTEERS: DEC. 1, 12:00 p.m. at CENTRA CAM**

**KODIAKS GAME**: Dec. 7, free tickets for Special Olympics athletes and staff, compliments of ATCO Gas, please sign up by Nov. 30, at sports programs, tickets will be distributed at the game.