



SOBC-Abbotsford Program Schedule 2018-2019

Winter Sports

Program	Day of week	Venue	Head Coach	Dates
5-Pin Bowling	Sunday 6:30-8:30pm	Galaxy Bowl	Leslie Bowling	Sept.- March
Aquatics (Swimming)	Sat. 4:00 - 5:30pm	ARC	Rita Wakely	Sept.- March
	Thur. 6:00 - 7:00pm	MRC		Sept.- June
		(competitive team)		
Curling	Thurs. 4:00-5:15pm	Abbotsford Curling Club	Mark Stanley	Oct.- March
Speed Skating	Mon./ Fri.4:30 - 5:30pm (Junior Team)	ARC	Donna Bilous	Sept.- March
	Mon./ Wed. / Fri. 5:45 - 6:45pm (Senior Team)			
Club Fit	Monday 4:45-5:45	ARC Mezzanine	Tom Norton	Oct.- March
Figure Skating	Saturday 8:15-10:15	Mission Leisure Centre	Nicole Ginter	Sept.- March
Power Lifting	Sat. / Wed.(optional) 12:00 - 2:00pm	Bolt Fitness	Colleen Moore	Sept.- June
Floor Hockey	Wed.12:00-2:00	Ag Rec Building	Bruce Watkins	Oct.- March
	Wednesday 6:00 - 7:30pm			
Basketball	Monday 6:30 - 8:30pm	W.A. Fraser	Kara Haveman	Oct.- March
Rhythmic Gymnastics	Wednesday 6:00 - 8:00pm	Emmanuel Mennonite Church	Cindy Suffel- Marchbank	Oct.- March
Active Start/ FUNdamentals	Wednesday 5:00-7:00pm	MRC Seniors' Room	Tessa Webb	Oct.- April

Summer Sports

Program	Day of week	Venue	Head Coach	Dates
Soccer	Wednesday 6:00-7:30pm	Abby Middle Field	Roshan Gosal	April - June
	Tuesday 6:30-7:30pm (enhanced)	Abby SeniorField and Margaret Stenersen Gym		Sept. - June
Softball	Monday 5:00 - 8:00pm	Crossley Park Diamond	Brian Gaudet	April - June
Athletics (Track & Field)	Saturday 10:00am-noon	Rick Hansen Secondary	Tom Norton	April - June
Golf	Saturday 3:00 - 5:00pm	Valley Golf Centre	Brian Gaudet	April - June
Bocce	Sunday 6:00-8:00pm	McMillan Field	Leslie Bowling	April - June
Updated: Jan. 2019				