

## **Special Olympics West Central 2018-2019 Season**

| Sport Club              | Day                     | Time            | Location                    | Start Date | End Date    |
|-------------------------|-------------------------|-----------------|-----------------------------|------------|-------------|
| 5 Pin Bowling           | Every second<br>Tuesday | 5:45 – 7:15 pm  | St. Albert Bowling<br>Lanes | Sept 25    | April 30    |
| 5 Pin Bowling           | Every second            | 6:46 – 8:30 pm  | Wabamun                     | Sept 20    | April 18    |
| Active Start and        | Thursday<br>Saturday    | 1:00 - 2:00 pm  | Bowling Lanes PERC BUILDING | Sept 29    | Dec 1       |
| Fundamentals            | Saturday                | 1.00 - 2.00 pm  | Stony Plain                 | 3ept 29    | Dec 1       |
| Session 1               |                         |                 | Stony Flam                  |            |             |
| Active Start and        | Saturday                | 1:00 - 2:00 pm  | PERC BUILDING               | January 19 | March 23    |
| Fundamentals            | ,                       | ·               | Stony Plain                 |            |             |
| Session 2               |                         |                 |                             |            |             |
| Athletics               | Monday                  | 6:45 8:00 pm    | Muir Lake                   | May 6      | June 12     |
|                         |                         |                 | Community                   |            |             |
|                         |                         |                 | School                      |            |             |
| Bocce                   | Monday                  | 7:00 – 8:00 pm  | Jubilee Park                | May 6      | July 29     |
| Floor Hockey<br>Level A | Wednesday               | 7:30-8:30 pm    | Muir Lake<br>Community      | Oct 3      | March 20    |
|                         |                         |                 | School                      |            |             |
| Floor Hockey            | Wednesday               | 6:45-7:45 pm    | Muir Lake                   | Oct 3      | March 20    |
| Level C & D             | Weariesday              | 0.45 7.45 pm    | Community                   | CCCS       | Widi Cii 20 |
|                         |                         |                 | School                      |            |             |
| Golf                    | Every second            | 10:00 am- 12:00 | Stony Plain Golf            | May 11     | Sept 7      |
|                         | Saturday                | pm              | Course                      |            |             |
| Rhythmic                | Saturday                | 2:00-3:00 pm    | PERC BUILDING               | Sept 29    | Dec 1       |
| Gymnastics              |                         |                 | Stony Plain                 |            |             |
| Session 1               |                         |                 |                             |            |             |
| Rhythmic                | Saturday                | 2:00-3:00 pm    | PERC BUILDING               | Jan 19     | March 23    |
| Gymnastics<br>Session 2 |                         |                 | Stony Plain                 |            |             |
| Snowshoeing             | Every second            | 10:00 am- 12:00 | Central Lyons Log           | Sept 15    | April 20    |
|                         | Saturday                | pm              | Cabin, Spruce               | 3cpt 13    | 7 (prii 20  |
|                         | ,,                      | ļ.              | Grove                       |            |             |
| Soccer                  | Tuesday                 | 6:30-7:30 pm    | Muir Lake                   | May 7      | July 2      |
| Beginner                |                         |                 | Community                   |            |             |
|                         |                         |                 | School                      |            |             |
| Soccer                  | Tuesday                 | 7:00-8:00 pm    | Muir Lake                   | May 7      | July 2      |
| Advanced                |                         |                 | Community                   |            |             |
| Softball                | Wednesday               | 6:30-8:00 pm    | School<br>St. Thomas        | May 15     | July 10     |
|                         | vveunesday              | 0.30-8.00 piii  | Aquinas School              | IVIAY 13   | July 10     |
|                         |                         |                 | Spruce Grove                |            |             |
| Speed Skating           | Friday                  | 5:15-6:15 pm    | Tri-Leisure,                | Oct 5      | March 8     |
| Beginner                | ,                       | ·               | Spruce Grove                |            |             |
| Speed Skating           | Friday                  | 4:30 – 5:15 pm  | Tri-Leisure,                | Oct 5      | March 8     |
| Intermediate            |                         |                 | Spruce Grove                |            |             |
| Swimming                | Monday                  | 6:30 – 7:30 pm  | Tri-Leisure,                | October 15 | March 18    |
| Child/Youth             |                         |                 | Spruce Grove                | <u> </u>   | <u> </u>    |
| Swimming                | Monday                  | 6:30 – 7:30 pm  | Tri-Leisure,                | October 15 | March 18    |
| Adult Beginner          | Monday                  | 6.20 7.20       | Spruce Grove                | October 15 | March 10    |
| Swimming Adult /Youth   | Monday                  | 6:30 – 7:30 pm  | Tri-Leisure, Spruce Grove   | October 15 | March 18    |
| Intermediate            |                         |                 | Spruce Grove                |            |             |
|                         | <u> </u>                |                 | O2F or by Email             | <u> </u>   | L           |

Questions?: contact Barbara @ 780-962-5935 or by Email at westcentral@specialolympicsalberta.ca

To Register: In-person, Thursday, August 23, 2018 from 6:00 to 8:00 pm at the Tri-Leisure Centre or online at <a href="https://www.specialolympics.ca/alberta">www.specialolympics.ca/alberta</a>

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Please check our Facebook page "Special Olympics West Central" for updates and cancellations.