



## **Women in Soccer: Development and Awareness Camp**

The purpose behind offering this development opportunity to coaches and female athletes across the country and province, is to bring focus and attention to this initiative! We are confident this will help spark growth and development of Women's Soccer provincially and nationally.

Additionally, credited research demonstrates that girls/women are often more likely to join and remain in competitive team play when all female divisions are available. Understanding that Special Olympics Alberta soccer programs are predominately male, Special Olympics Alberta is optimistic that with the introduction of a women's soccer development opportunity, we will be able to grow our female athlete registration numbers.

### **Details:**

**What:** Women in Soccer: Development and Awareness Camp

**Where:** Edmonton, AB

**When:** June 8-9, 2019

**Who:** This camp is directed at female athletes in Alberta who are interested in soccer or are interested in trying a new sport! Current female soccer athletes are welcomed and encouraged to attend. Please note: athletes or coaches do not have to be soccer experts or playing soccer currently!

We open this opportunity to all interested athletes or coaches to attend.

### **Other Information:**

**Cost:** Free! Out of town Chapters or Affiliates are responsible for their own transportation to Edmonton. If out of town members are arriving Friday evening, they will be responsible for their meals that day. Transportation within Edmonton will be provided throughout the weekend.

**Accommodations:** Will be provided for out of town Chapters or Affiliates at Grant Macewan University Residence. Accommodations will not be provided for local and surrounding Affiliates, this includes: Edmonton, Leduc, St. Alberta, Strathcona, West Central.

### **Food:**

- Friday – all meals on own.
- Saturday: Breakfast for those out of town individuals will be provided. Snacks, Lunch, and Dinner for all attendees will be provided
- Sunday: Breakfast for out of town individuals will be provided. Boxed lunch for out of town members will be provided.

Please note: Our 1 coach to 4 athlete ratio will be in effect.

**Registration Deadline: May 1, 2019**



**Women in Soccer - Weekend Schedule:**

<b>Date</b>	<b>Time</b>	<b>Description</b>	<b>Location</b>
<b>Friday - June 7, 2019</b>			
	4:00pm-9:00pm	Out of Town Arrivals	Grant Macewan University Residence
	4:00pm-9:00pm	Dinner is on own and up to each team.	
<b>Saturday - June 8, 2019</b>			
	8:30am-9:30am	Breakfast & Transportation • <i>Provided for out of town members only</i>	Grant Macewan University Residence
	10:00am	Athletes Arrival	Edmonton Croatia Soccer Club
	10:15am	Welcome Address	
	10:30am-12:00pm	Soccer drills and Coaches Session	
	12:00pm-1:00pm	Lunch	
	1:00pm-2:00pm	Mental Training Session	
	2:15pm-3:45pm	Fitness and Agility Training	
	4:00pm-5:00pm	Nutrition Session	
	5:00pm	BBQ Dinner	
	6:00pm	Travel back to residence	
<b>Saturday - June 8, 2019</b>			
	7:30am-8:30am	Breakfast & Transportation • <i>Provided for out of town members only</i>	
	9:00am-12:00pm	Mini Tournament • <i>Athletes/teams will be mixed.</i>	

*\*\*Schedule is subject to change. Firm Schedule to be sent out in May.\*\**

**Registration Deadline: May 1, 2019.**

*Please send all registration forms electronically to Jill at [jmoore@specialolympics.ab.ca](mailto:jmoore@specialolympics.ab.ca).*

*Registration form is attached.*