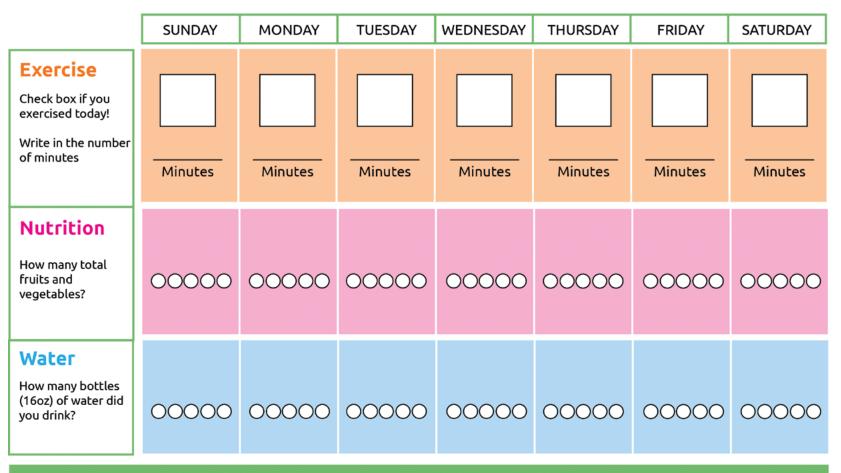
Athlete Name:

Exercise 🔨



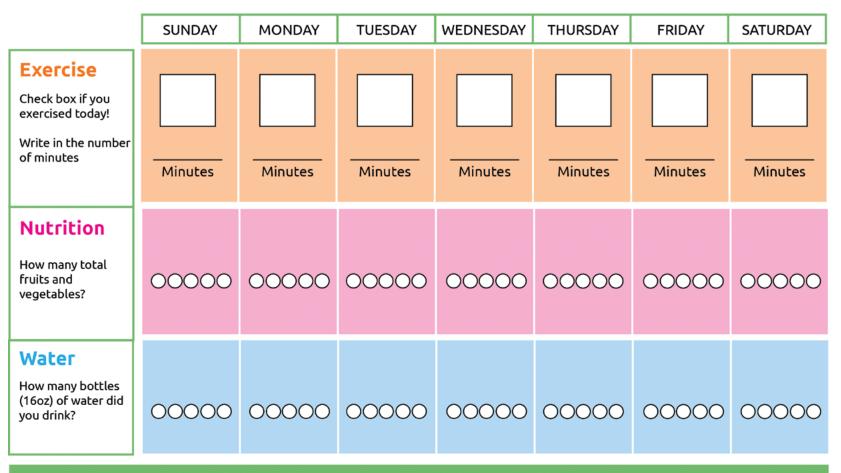
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Nutrition 🔨

Special Olympics FIT 5 Guide **31**

Athlete Name:

Exercise 🔨



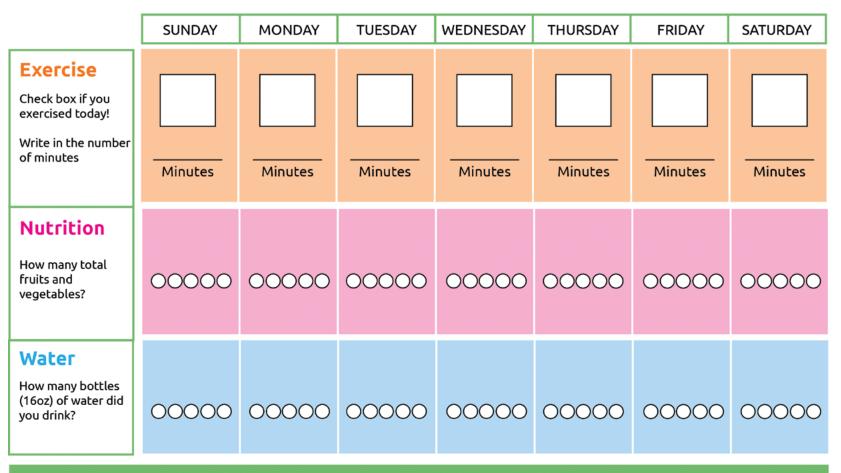
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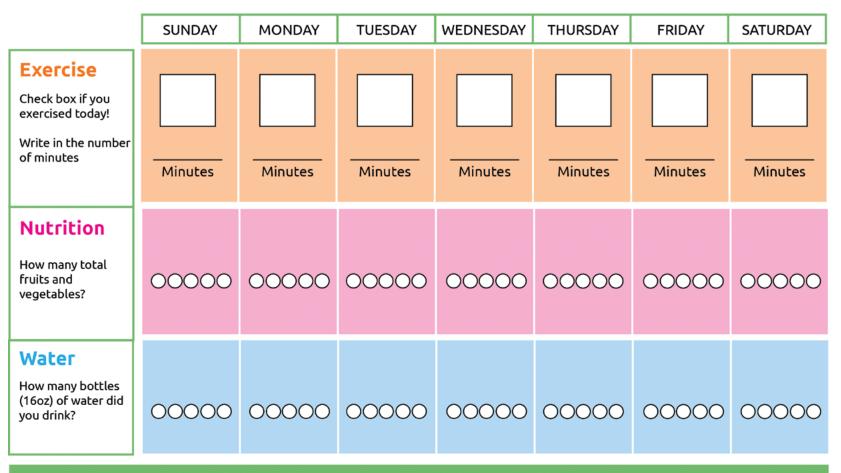
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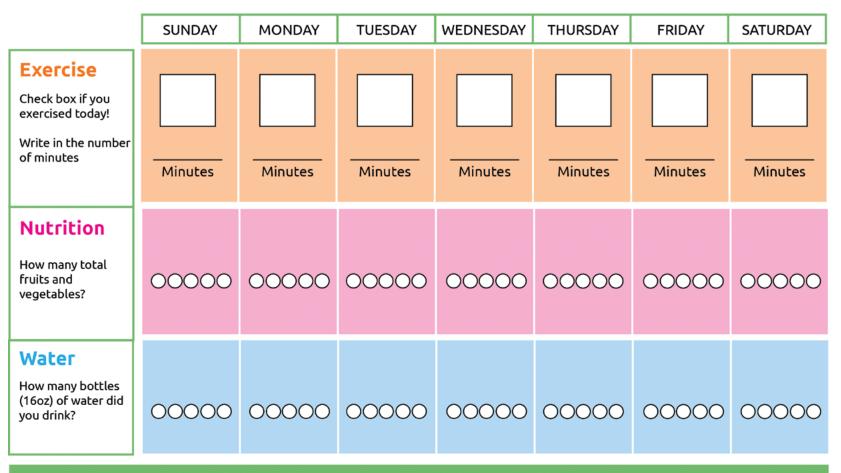
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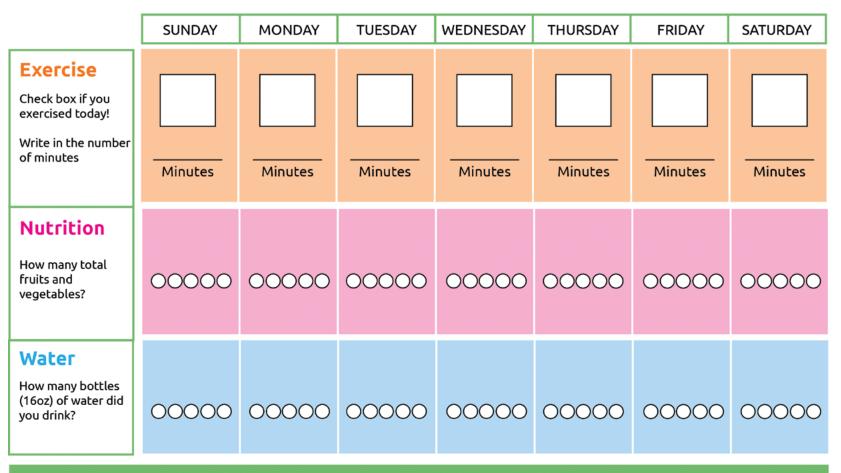
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