



THE ATHLETES POST

Volume 4: June 2019

Our Mission:

This newsletter was created for athletes so they can give their opinions on different topics. As Newfoundland's Athlete Leader Representative on the Canadian Input Council I am having a hard time communicating with all the athletes in their club regions. I hope this newsletter will keep us informed and you, the athlete, can discuss topics through a new Facebook group –just by searching **Special Olympics Athlete Post**. If you would like to contribute to the Athletes Post, please do so by joining the Facebook group.

. THOUGHT FOR THE MONTH:

If you were an athlete Leader in your club: What do you think would be your most important job?

What's Happening:

May 2, Schools from Conception Bay North are attending Youth Canada Games in Toronto, a Unified and Special Olympics Ontario Games

CBS Special Olympics Softball starts Wednesday June 5th at 6:00pm, at Nugent's field in Kelligrews. All clubs are welcome to join.

Rhythmic Gymnastics competition will be held Saturday June 1st at Campia Gymnastics in Mt Pearl at 4:30pm. Come and support these lovely athletes compete in Ribbon, Ball, Hoop, and Rope routines.

Track & Field competition is being held in Marystown on June 22&23

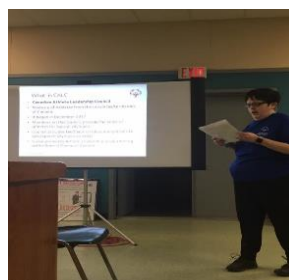
Special Olympics is involved in a Campaign at Staples Kelsey Drive to fundraise for Special Olympics called Give a Toonie, Share a dream from April 27-May 27th.

Athletes come and support the great cause.

Athlete Leadership: Athlete Leadership Summit

Special Olympics held an Athlete Leadership Summit in Grand Falls, NL on April 12-14th. Athletes participating were: from Goose Bay - Weslee Macdonald; Bay St. George - Michael Budden, and Donald Kendall; Labrador West - Chris Gillam; St. John's - Darrin Frampton; CBS - Leah Macdonald and Heather Miller Mt Pearl - Deon Cantwell; Clarenville - Nick Chafe; Tri-Con - Sheyenne Boone; Gander - Jamie Steele; Logan Firmage – Bonavista; Margaret MacNeil -Exploits; Shelly Somers – Placentia.

On Friday evening there was a short introduction on athlete leadership and input councils. Athletes learned about some of the Leadership roles and the training they needed to be an Athlete Leader. I (Heather) facilitated a section about the Canadian Athlete Leadership Council. On Saturday, the Athlete Speaker Workshop was facilitated by Matthew McNally from Prince Edward Island. The athletes learned how to write their own speech and presented it to the group. There was a fun Paint Night held for us, we all enjoyed it. **Everyone was presented with a certificate** at the end of the weekend.



Heather Miller presenting a power point presentation on the CALC at the summit

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This past week, two schools from Newfoundland and Labrador traveled to Toronto to compete in the first ever Invitational Youth Games. Our schools competed in the Unified Bocce and Basketball Divisions. Throughout the week the teams displayed great teamwork and Sportsmanship and both schools brought home medals, with Carbonear Collegiate taking home a Bronze in Basketball and Ascension Collegiate taking home a silver and a bronze for their teams competing in Bocce.



Swim Competition May 25 & 26th

Well, the CBS Brightstars came home with some bling bling. Zack received a silver, bronze, 4th and 6th. Grant received a gold. Preston won a 5th place ribbon. Emily came home with a gold. Kayla received a silver. Margie won a bronze medal and a 4th place ribbon. Cara got a gold and 6th place ribbon. Theresa won a bronze and 4th place ribbon while Matthew won 5th and 6th place ribbons CONGRATULATIONS !!



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Moments in Leadership

After the Leadership summit, one of our athlete Leaders, Jamie Steele from Gander, presented a speech to the Knights of Columbus, thanking them for their continuing support to Special Olympics.



Mt. Pearl Athlete Deon Cantwell put his new leadership skills to use by giving a speech to the Mt. Pearl Council to say thank you on behalf of their floor hockey team. Way to go Deon.



Athletes Talk

1. What is your favorite Special Olympics memory?
2. What was your biggest accomplishment or award?
3. Have you ever been to a National or Worlds Competition for Special Olympics. Where and tell us about it

Send your comments

This April, we were proud to present awards during our 2019 Festival Sponsor Luncheon. These are special 50th Anniversary awards to recognize individuals and sponsors who have made a significant contribution to the growth of Special Olympics.



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