

***ARTICLE V:***

**Ten Pin Bowling Rules**

The SOC Official Sports Rules and National Policies and Procedures shall govern all SOC Tenpin Bowling competitions. As a national sport program, SOC has created these rules based upon the Canadian TenPin Bowling Federation (CTF) rules for ten pin bowling competitions. CTF rules shall be employed except when they are in conflict with the SOC Official Sports Rules and National Policies and Procedures. In such cases, the following sections outlining the SOC Official Tenpin Bowling Rules shall apply.

***SECTION A:***

**Official Events**

1. Singles Competition
2. Doubles Competition (a doubles team consists of two participants)
3. Team Competition (a team consists of four participants)
4. All event

***SECTION B:***

**Rules of Competition**

1. National Games competition will be using a scratch format. Handicap may be used in certain competitions at the provincial, regional or local level.
2. Athletes registered in all three bowling events shall be automatically entered in the "All Events"\* competition.

**\*NOTE:** The "All Events" competition will be based upon the individuals' total scores from the singles, doubles and team events. For the "All Events" competition, the athlete placing first in each respective division (based upon their individual score) shall be presented with a medal.

3. Averages for provincial/national competitions must be determined at a club/and or house

level based on a minimum of **twenty one games**.

4. Athletes competing at National games must submit to the National Office the results from the provincial/territorial qualifier (ex. Provincial or territorial games), the average that the athlete registered with at the provincial/territorial qualifier (ex. Provincial or territorial games), plus the current season's average\*. Should the athletes' current season's average be more than 10 pins higher or lower than the average that the athlete registered with at the provincial/territorial qualifier (Ex. Provincial or territorial games), current season's average shall be used as the qualifying average for National Games.

**\*NOTE:** The current season's average must be supported by an official League Record Sheet which is certified by the coach and/or instructor.

5. At National Games, only participants and officials will be allowed in the bowling area. The bowling area\* shall be defined by the tournament officials. If participants require coaching they must leave the bowling area and speak with their coach in the designated coaches area outlined by the tournament officials.

**\*NOTE:** A "bowling area" usually constitutes the bowling lane, the scoring table and the adjacent seating area for the competing participant(s).

6. Bowling Ball Ramps

- a) Are used when an athlete does not have the physical ability to roll a ball with their hand or hands.
- b) Ramps are a two piece metal unit, one stand and one sloped piece. The stand is a minimum height of 24 inches and maximum height of 28 inches. The stand width is 24 to 25 inches across. Sloped piece – from connecting point to stand to first bend is 16 inches and from first bend to bottom of sloped piece is 54 inches.
- c) Bowling ramps and other assistance devices may be used with the approval of the Competition Committee.
- d) Athletes using ramps may be placed in separate divisions from other bowlers only for singles competition.
- e) All other tournament rules shall apply to athletes in the ramp divisions.
- f) The ramp must be removed after the bowler is done playing each frame.

7. A participant in a wheelchair may bowl either from his/her wheelchair, from another chair, or from a self-supporting position.

8. An individual with a visual impairment may have their coach give them pre-delivery assistance. The coach and/or instructor may properly align the athlete, but can not assist in the delivery of the ball.

9. At a National Games, the participant shall bowl a maximum of six games per day throughout the regulation tournament format.

10. All athletes and coaches must be dressed uniformly and in proper bowling attire. Such attire includes a collared shirt, pants with a straight hemmed bottom (or skirt for females). In cases where athletes are competing in the warm summer months, hemmed shorts be allowed for comfort and safety. Denim, sweat pants, stir-up pants, spandex, yoga pants, cargo shorts/pants and hats shall not be permitted.