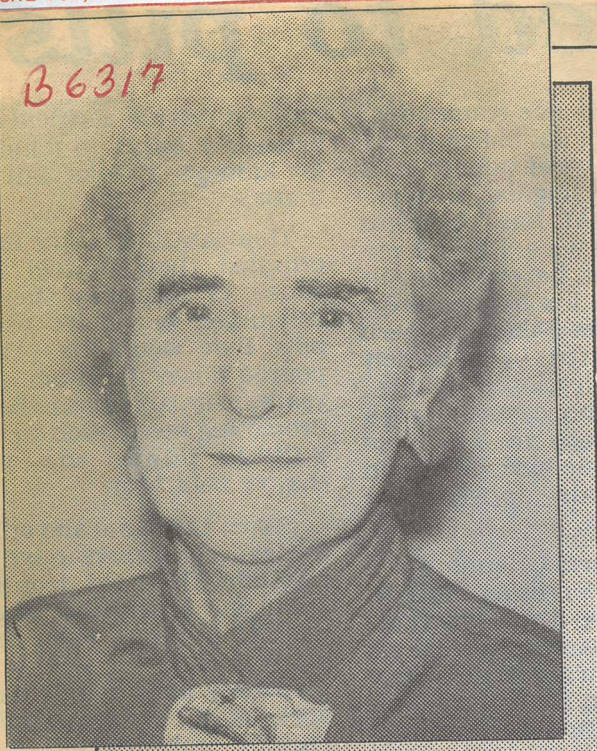


Volunteer

Of The Month



Gladys Eddingfield

Gladys has been named The Swift Current Sun's Volunteer of the Month for April. On behalf of the community at large, The Sun will give Gladys a plaque of appreciation for her many hours of volunteer work. The plaque was donated by D & L Trophy.

VOLUNTEER ACTIVITIES: Gladys has worked as a volunteer in the hospital Gift Shoppe for 11 years. She helps deliver Meals

on Wheels and does volunteer work occasionally for home-care services. Gladys is active with the United Church, helping at its rummage sales, serving lunch after funerals with the United Church Ladies, etc.

HOW STARTED: "I first started in volunteer work with an organization called Fish under the direction of Mary Findlay. They needed volunteers to help people in various ways and it was a very good organization to help. Eventually, Fish became amalgamated with other organizations so I volunteered where I thought I could help."

WHY VOLUNTEER: "I volunteer because I really enjoy working with people and trying to help someone less fortunate than myself."

SPECIAL MOMENTS: "I realized how important volunteer work was when I started to keep score for the Special O. They are so appreciative for what you do even when it is no big job to keep score for bowling. They are always so happy to see you and have a big visit, whether it's at the bowling alley or at the mall. When they have so much fun bowling, regardless of how handicapped they are, you

feel so good that you can help them in some small way."

HOBBIES/INTERESTS: "Well, I have no hobbies as such because, when it comes to making crafts, my fingers are all thumbs. I do enjoy bowling and a long walk each day at 6 a.m., usually with a friend but sometimes alone. I enjoy having coffee with my friends and enjoy my five grandchildren. I enjoy being with people anywhere."

PET PEEVE: "Since I'm very, very lucky to be very healthy, I don't have too much time for people who are always complaining when they aren't as bad off as lots of others."

PHILOSOPHY OF LIFE: "You can usually find some good in the worst of people if you look deep enough."

I WISH.... "I could have more time to do more things before I'm too old to get around."

ADVICE TO NEW VOLUNTEERS: "My advice to anyone who says they have nothing to do and are bored — get out and volunteer to help others, then you'll never have too much spare time or be bored."