



Provincial Office

To Whom It May Concern;

Welcome to Special Olympics Fit Family and Friends! We will be starting our program on Tuesday July 2nd, 2019 at Gorge Park Gazebo! The program will run until July 30th, 2019. Please note the times/dates and location on the attached schedule!

For our summer program please ensure to bring a pair of comfortable sneakers, a hat, sunscreen, bug spray and a bottle of water. Also, you may pack a **HEALTHY SNACK** to send along also please make sure all snacks are **PEANUT FREE!**

Please remember that this is a Family and Friends program meaning that any family and friends of the athletes are welcome to join us for all of the activities!!

If the weather is not suitable on the Tuesday, the activity will be changed to the Thursday of the same week.

Any changes in times/dates or cancellations will be announced via email and Facebook as soon as possible. Please visit our Facebook Page at [/SONLYAP](#) or [/specialonl](#)

If you have any further comments or questions please do not hesitate to contact us at:

Kim McDonald-Wilkes, Program Coordinator kimm@sonl.ca 293.1444 | Laura Horwood, Summer Program Coordinator, sonlyacentral@gmail.com

A handwritten signature in black ink that reads "Kim McDonald-Wilkes".

Kim McDonald-Wilkes,
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Special Olympics

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