• SPECIAL OLYMPICS ALBERTA • HEALTHY ATHLETES PROGRAM

STRONG MINDS

IN SEARCH OF VOLUNTEERS!

LOOKING FOR: Certified mental health professionals

AND STUDENTS: In psychology, psychiatry, social work,

counseling, and related programs



WHO ARE INTERESTED IN VOLUNTEERING THEIR TIME AND SKILLS TO:



Teach athletes with Intellectual Disability how to develop adaptive coping skills and strategies for maintaining emotional wellness under stress

Provide athletes and coaches with mental health resources

HAVE A CHANCE TO PRACTICE YOUR CLINICAL SKILLS IN A FUN AND FRIENDLY ENVIRONMENT!

DATE: Saturday, June 8, 2019

LOCATION: Lester B. Pearson High School, Calgary

If you are interested in being a part of Alberta's Healthy Athletes Program, or if you would like more information about future Healthy Athletes events, please contact:

Stephanie Howe sjhowe@ucalgary.ca Health Coordinator









