



## Coach Training Pathway for Special Olympics NL Coaches

Coaches taking athletes to Regional or Provincial competitions require courses noted below with an \*.

Coaches attending National Games require courses noted with an \* **AND** with \*\*

Courses	* <b>SOC Volunteer orientation</b> All volunteers are asked to complete this SOC online orientation, so they receive the organization's goals, values, direction and insight into who we provide programming for. (Free)	* <b>NCCP – SOC – CSW</b> This course is tailored to educating our coaches on SONL policies and protocol as well as tools and tips when coaching our athletes and their differing abilities.	* <b>NCCP – MED Competition</b> Mandatory for all Canadian coaches. Classroom / home study or webinar version available, which is then <b>ONLY</b> finished upon completing the online evaluation. (\$65.00-\$85.00 – only applies to eval if no course taken)	** <b>PSO Sport Specific</b> Each sport's governing body offers technical courses that will enhance our coaches' ability to deliver safe, high-quality programs. (Cost varies)	<b>PSO Multi Sport Course</b> NCCP offers multi-sport courses in a range of topics including Emergency Action Plans, Making Headway (Concussions). Courses offer different methods of delivery.
How to register or complete	Click on <a href="#">So Learn</a> . May be completed in modules. SONL receives confirmation of who has completed this. You will need to create a profile and password on this SOC site to access this orientation.	SONL facilitators deliver this course around our province. We attempt to offer this course every spring and fall. Look at the SONL calendar for upcoming courses. Contact <a href="mailto:miked@sonl.ca">miked@sonl.ca</a> or <a href="mailto:kimm@sonl.ca">kimm@sonl.ca</a> to register for this course.	Check for courses at The <a href="#">Sport NL website</a> . This course can be done as a standalone module, but is also available within some of the PSO sport-specific courses. Check those individually (see pg. 2)	Registration is done through each sport organization's website. (See page 2 for which courses are required by SOC)	Courses are offered through <a href="#">the Locker</a> , which is Coach Canada's learning portal. Some courses can be done online through this portal, and some will be run through our PSO's. They can be found at <a href="#">Sport NL</a> .
Timeline	Prior to attending programs and/or coaching courses.	HC & AC need to complete within first year. Must be completed by coaches prior to attending Regional / Provincial competitions. Highly recommended for program volunteers.	This piece is required before a coach can take our athletes to Regional and/or Provincial competitions. <b>WE REQUIRE the TRAIN TO COMPETE version</b>	We encourage all coaches to continue their education. Sport specific is required to coach athletes at national & world competition.	There is no timeline for these courses, but they are strongly recommended as they give you valuable tools to add to your coach toolbox

\*\*\*Head Coaches for the Provincial Team Training Program will need to be evaluated by a Coach Evaluator in SOC-CSW starting 2020

**SONL** – Special Olympics NL

**NCCP** – National Coaching Certification Program

**MED** – Making Ethical Decisions

**PSO** – Provincial Sport Organization

**SOC** – Special Olympics Canada

**CSW** – Competition Sport Workshop

**CSP-On** – Community Sport-Ongoing participation

**NSO** – National Sport Organization

**HC** – Head Coach

**AC** – Assistant Coach

**PV** – Program Volunteer



## Summer Sports

	WEBSITE	*MED	SPORT TECHNICAL COURSE (NSO)
10-Pin Bowling	<a href="#">SONL Provincial Office</a>	Included	Introduction to Competition (effective 2019)
Athletics	<a href="#">NLAA</a>	Not included	Sport Coach (Competition)
Bocce	<a href="#">SONL Provincial Office</a>	Not included	125 coaching hours
Golf	<a href="#">Golf NL</a>	Not included	Special Olympics Canadian PGA Golf
Powerlifting	<a href="#">SONL Provincial Office</a>	Not included	SOC Powerlifting Module
Rhythmic Gymnastics	<a href="#">SONL Provincial Office</a>	Included	Gymnastics Foundations (Introduction, Theory and Rhythmic)
Soccer	<a href="#">Soccer NL</a>	Not included	Learn to Train or Soccer for Life
Softball	<a href="#">Softball NL</a>	Included	Community Sport Coach - Ongoing Participation (effective Jan. 1, 2018)
Swimming	<a href="#">Swim NL</a>	May be included, please check	Fundamentals Coach (Swimming 101) Competition Stream

## Winter Sports

5-Pin Bowling	<a href="#">NL 5 Pin Bowling</a>	Included	Community Coach
Cross Country Skiing	<a href="#">Cross Country NL</a>	Included	Community Coach (Intro to Community Coaching and Community Coaching)
Curling	<a href="#">SONL Provincial Office</a>	May be included	Club Coach (CSP-On)
Figure Skating	<a href="#">Figure Skating NL</a>	Included	CanSkate trained (Level 1 and 2) OR Regional Coach in training (Level 3 to 6)
Floor Hockey	<a href="#">SONL Provincial Office</a>	Not included	SOC Floor Hockey Module
Snowshoeing	<a href="#">SONL Provincial Office</a>	Not included	SOC snowshoe module
Speed Skating	<a href="#">SONL Provincial Office</a>	Included	AC - FUNdamentals Leader HC - FUNdamentals Coach (effective Jan. 1, 2020)

\*Some sport-specific courses include the MED class work. Some do not – see above. In all cases an online evaluation is still required. To check on available courses, go to the [Sport NL Calendar](#)

**SONL** – Special Olympics NL  
**NCCP** – National Coaching Certification Program  
**MED** – Making Ethical Decisions  
**PSO** – Provincial Sport Organization

**SOC** – Special Olympics Canada  
**CSW** – Competition Sport Workshop  
**CSP-On** – Community Sport-Ongoing participation  
**NSO** – National Sport Organization

**HC** – Head Coach  
**AC** – Assistant Coach  
**PV** – Program Volunteer