

Special Olympics BC Youth Sports Day coming soon

May 13 event set to be held at St. Thomas More Collegiate

Special Olympics BC is set to host the annual SOBC Youth Sports Day on May 13 for children with intellectual disabilities. This fun-filled event at St. Thomas More Collegiate will involve both children with intellectual disabilities for ages two to 12 who are new to Special Olympics, and those currently participating in SOBC youth programs.

Many children with intellectual disabilities feel left behind or isolated in traditional sport and activity programs. Special Olympics can be the place where they belong and thrive, offering youth-specific programs tailored to help children with intellectual disabilities develop vital motor, sport, and social skills in a fun and supportive environment. Special Olympics BC also offers them the opportunity to transition into traditional year-round programs in up to 18 different summer and winter sports for lifelong activity and health.

"This event is a really fun way for kids with intellectual disabilities and families who aren't currently involved with Special Olympics to give our youth programs a try. For young athletes who are currently in programs, it's an exciting way to celebrate the end of the season with lots of other athletes and families. There are always tons of smiles throughout the day," says organizer Sarah Wall, SOBC Manager, Community Development for the Lower Mainland.

This will be the first time the event will be hosted at St. Thomas More Collegiate, and Special Olympics BC is fortunate that the event will benefit from the support of many student and staff volunteers from STMC. In addition to the Special Olympics youth sport activities, the Down Syndrome Research Foundation will host a booth to provide families with more information.

Media are welcome to attend this fun-filled day to capture the action and learn more about the year-round Special Olympics youth and sport programs in local communities. File photos from past years are available upon request.

Date: Saturday, May 13

Time: 1 to 4 p.m.

Location: St. Thomas More Collegiate, 7450 12th Ave, Burnaby – athletics field adjacent to parking lot

(weather permitting; alternate location: indoor gym)

Background on Special Olympics BC youth programs:

http://www.specialolympics.bc.ca/youth-programs

About Special Olympics BC

Special Olympics BC is dedicated to providing individuals with intellectual disabilities opportunities to enrich their lives and celebrate personal achievement through positive sport experiences. In 57 communities around the province, we provide year-round training and competitive opportunities in 18 different sports to more than 4,600 athletes of all ages and abilities, thanks to the dedicated efforts of over 3,900 volunteers. For more information, please visit www.specialolympics.bc.ca. Find us on Facebook and Instagram @specialolympicsbc and on Twitter @sobcsociety.

Media contact

Megan Pollock, Special Olympics BC Manager, Communications Tel 604-737-3077 Email megan@specialolympics.bc.ca