

SPECIAL OLYMPICS BC - Alpine Skiing Criteria for Sanctioning of Competition

RULES - EXCEPTIONS TO THE SPECIAL OLYMPICS CANADA, (SOC) RULES.

Please note that these rule exceptions only apply to Local, Regional and were noted, Provincial Games. Athletes and Coaches must be aware that all competitions outside of the above will be governed by SOC rules and the rules of that Sport's Governing Body.

1. Athletes only need to compete in the Slalom and Giant Slalom events at Regional Qualifiers (for Provincial Winter Games).

DIVISIONING

Due to the facility and time restrictions often faced at a Regional Qualifier the following divisioning procedure is suggested.

1. Local Coaches classify athlete(s) at the time of registration into one (1) of the following three (3) categories:
 - Novice, Intermediate or Advanced
2. Each category should then be further divided into divisions based on gender.
3. Athletes are asked to ski their first run of the Slalom, which is to be counted as one (1) of the two (2) timed runs,
4. While athletes are skiing the second of the two (2) timed Slalom runs the Chief of Race in conjunction with a SOBC Staff Representative, (if in attendance) and the Race Secretary will further division athletes based on ability determined by the results of the first timed Slalom run.
 - In certain circumstances athletes may be re-classified between the Novice, Intermediate and Advanced Categories. This decision is to be left up to the discretion of the Divisioning Committee.
5. Following the second timed Slalom run a coaches meeting should be held in which coaches are to be provided the results from the first timed Slalom run and the final divisions in which their athletes have been placed. At this time coaches are to be given the opportunity to provide their input into the breakdown of divisions.
6. Immediately following the conclusion of the coaches meeting, coaches are to be handed the results from both the first and second timed Slalom runs including the final placings.
7. Divisions are assigned for the remainder of the events based on the divisions of the Slalom event

FACILITY

The competition venue should comply with the requirements dictated in the Special Olympics Canada Official Sport Rule Book keeping in mind that availability may require deviations from these recommendations. In situations, which require such a deviation, the Competition Coordinator is required to contact the Provincial Office for facility approval.

In addition to the venue requirements listed in the SOC Official Rules Book participants should also have access to the following facility amenities

- Access to washroom facilities for Male and Female participants
- Separate changing facilities for Male and Female participants
- Fully accessible to all participants, i.e. participants with a physical disability.
- Warming huts, (permanent or Temporary).

SPORT OFFICIALS

Due to the technical nature of the sport of alpine skiing the following officials, (refer to attached form) must be in place prior to applying for sanctioning from the Provincial Office, (form must be included with the application for sanctioning). For assistance in recruiting individuals appropriate for these roles please contact the SOBC Provincial Office. Brief job descriptions for each of these positions can be found in the SOBC Event Planning Guide for alpine skiing.

MEDICAL REQUIREMENTS

The following are the minimum requirements for medical coverage at an Alpine Skiing competition.

- Two (2) certified ski patrol attendants on course throughout the duration of the competition.
- Doctor on call for duration of competition

**Special Olympics BC – Alpine Skiing
Primary Officials Form**

The Officials listed on this form must be certified under the 'Official Certification Program' of their respective National/Provincial Sport Organization. Officials not presently registered with Special Olympics BC must complete the 'Special Olympics BC– One Day Volunteer Form' to be covered under the organizations insurance policy.

POSITION	NAME	HOME TELEPHONE	ALTERNATE TELEPHONE	E-MAIL
Race Chairperson/Chief of Race				
Race Secretary				
Chief of Course				
Chief of Timing and Calculations				
Chief of Course Judges				
Chief of Equipment				

Special Olympics Canada Official Sport Rules

ALPINE SKIING

The Special Olympics Canada (SOC) Official Sports Rules shall govern all SOC alpine skiing competitions. As a national sports program, SOC has created these rules based upon the Fédération internationale de Ski (FIS) and Alpine Canada (AC) rules. FIS or AC rules shall be employed except when they are in conflict with the SOC Official Sports Rules. In such cases, the following SOC official Alpine Skiing sport rules shall apply.

SECTION A

Official Events

1. Downhill
2. Giant Slalom
3. Slalom
4. Super-G

SECTION B

Rules Of Competition

1. Alpine Skiers must only qualify in three of the official racing events in Provincial Games to be eligible to attend National Games. These three events would be the Slalom, Giant Slalom and Super-G. They need not qualify in the Downhill in order to attend the National Games. If time and weather conditions permit, a Downhill race can be run, but not required in order for an athlete to move on to National Games. Despite not qualifying in the Downhill, athletes selected to move on to the National games will be eligible to compete in the Downhill event at the National Competition.
2. A. **Downhill** - Novice, Intermediate and Advanced skiers shall have one time trial run. This time will be used for divisioning purposes. Once divisions have been established, and the competitor's skill level has been determined, the competitor shall compete within the respective level for the entire competition. The time trial run is also used to establish the start order for the first run of competition. For competition, the competitor with the fastest trial time shall race first, slowest last.

B. **Giant Slalom** - Novice, Intermediate and Advanced skiers shall have two time trial runs, with the fastest time used to determine their division for competition. Once divisions have been established, and the competitor's skill level has been determined, the competitor shall compete within the respective level for the entire competition. Time trials are also used to establish the start order for the first run of competition. In the first run of competition within each division, the fastest trial time starts first, slowest last. The start order for the second run is determined by inverting the order of finish of the first run within each division.

C. *Slalom* - Novice, Intermediate and Advanced skiers shall have two time trial runs, with the fastest time used to determine their division for competition. Once divisions have been established, and the competitor's skill level has been determined, the competitor shall compete within the respective level for the entire competition. Time trials are also used to establish the start order for the first run of competition. In the first run of competition within each division, the fastest trial time starts first, slowest last. The start order for the second run is determined by inverting the order of finish of the first run within each division.

D. *Super-G* - Novice, Intermediate and Advanced skiers shall have two time trial runs, with the fastest time used to determine their division for competition. Once divisions have been established, and the competitor's skill level has been determined, the competitor shall compete within the respective level for the entire competition. Time trials are also used to establish the start order for the first run of competition. In the first run of competition within each division, the fastest trial time starts first, slowest last.

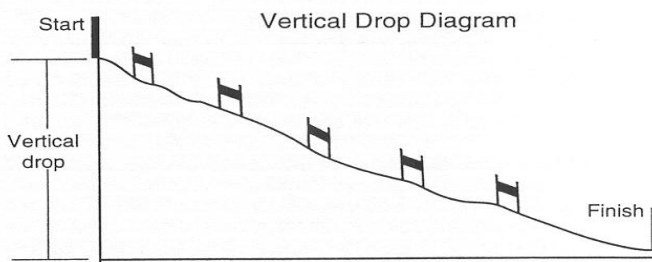
*NOTE: If time in the race schedule is restricted and divisioning within each discipline is not possible, then, for purposes of divisioning, each skier shall have two time trial runs on a modified Giant Slalom course of their ability level, with the fastest time used to determine their division for competition.

3. During competition, if a competitor should move out of the general direction of the line of the course (fall, miss a gate, ski comes off, etc.) he/she shall have 2 minutes from the time of the deviation to re-enter the course. A competitor who fails to adhere to this 2-minute time limit or receives physical assistance of any kind shall be disqualified. Disqualification shall be determined by the gate judge assigned to the gate closest to where the infraction occurred. The gate judge is responsible for timing the 2 minutes.
4. The minimum and maximum requirements for gates, vertical drops, slope gradients, and other elements that are necessary for the course-setters to consider when setting novice, intermediate and advanced courses are identified in these following rules.

NUMBER OF GATES

*Includes start and finish gates. Each gate shall consist of a turning pole and outside pole, which are of the same colour. Gates shall be of alternating colours as one proceeds through the course.

**Vertical Drop: The vertical distance in elevation between the start and the finish.



DOWNHILL

Requirements: Course should be set on trail with slope gradient constant (No counter-slopes/sidehills). Course should be set on trail with width of no less than 30 metres (95 feet). Course should be set in such a manner that the competitors will start a turn no less than 2.5 to 3.5 seconds after initiating the previous turn.

NOVICE:

Number of Gates:* 5 minimum, 10 maximum

*Vertical Drop**:* 15m (50ft) minimum, 60m (195ft) maximum

Slope Gradient: 10% minimum, 20% maximum. Beginner to Intermediate terrain.

INTERMEDIATE:

Number of Gates:* 8 minimum, 15 maximum

*Vertical Drop**:* 30m (95ft) minimum, 80m (260ft) maximum

Slope Gradient: 15% minimum, 28% maximum. Intermediate terrain.

ADVANCED:

Number of Gates:* 10 minimum, 20 maximum

*Vertical Drop**:* 100m (310ft) minimum, 500m (1,620ft) maximum

Slope Gradient: 15% minimum, 28% maximum. Intermediate terrain.

GIANT SLALOM

Requirements: Course should be set on trail with slope gradient, which is relatively constant (No counter-slopes/sidehills). Course should be set on trail with width of no less than 30 metres (95 feet). Course should be set in such a manner that the competitors will start a turn no less than 1.5 to 2.5 seconds after initiating the previous turn.

NOVICE:

Number of Gates:* 7 minimum, 15 maximum

*Vertical Drop**:* 15m (50ft) minimum, 60m (195ft) maximum

Slope Gradient: 10% minimum, 20% maximum. Beginner to Intermediate terrain.

INTERMEDIATE:

Number of Gates:* 10 minimum, 20 maximum

*Vertical Drop**:* 30m (95ft) minimum, 80m (260ft) maximum

Slope Gradient: 10% minimum, 28% maximum. Intermediate terrain.

ADVANCED:

*Number of Gates**: 15 minimum, 45 maximum

*Vertical Drop***: 80m (260ft) minimum, 350m (1,140ft) maximum

Slope Gradient: 20% minimum, 45% maximum. Intermediate to Advanced terrain.

SLALOM

Requirements: Course should be set on trail with slope gradient, which is relatively constant. (No counter-slopes/sidehills). Course should be set on trail with width of no less than 25 metres (81 feet). Course should be set in such a manner that the competitors will start a turn no less than 0.75 to 1.5 seconds after initiating the previous turn.

NOVICE:

*Number of Gates**: 10 minimum, 15 maximum

*Vertical Drop***: 15m (50ft) minimum, 50m (162ft) maximum

Slope Gradient: 10% minimum, 20% maximum. Beginner to Intermediate terrain.

INTERMEDIATE:

*Number of Gates**: 20 minimum, 30 maximum

*Vertical Drop***: 30m (95ft) minimum, 80m (260ft) maximum

Slope Gradient: 20% minimum, 28% maximum. Intermediate terrain.

ADVANCED:

*Number of Gates**: 35 minimum, 60 maximum

*Vertical Drop***: 60m (195ft) minimum, 180m (600ft) maximum

Slope Gradient: 20% minimum, 45% maximum. Intermediate to Advanced terrain.

SUPER-G

Requirements: Course should be set in such a manner as to cause competitors to initiate a turn not less than 2.0 to 3.0 seconds from the previous turn.

The distance between gates shall be not less than six metres and not more than eight metres. In the advanced Super-G, the course may be set in a variety of long and medium turns, but Novice and Intermediate courses should be rhythmical.

NOVICE:

*Number of Gates**: 5 minimum, 10 maximum

*Vertical Drop***: 50 m (162ft) minimum, 100m (325ft) maximum

Requirements: Low intermediate to novice terrain with a constant gradient.

INTERMEDIATE:

*Number of Gates**: 12 minimum, 25 maximum

*Vertical Drop***: 100 m (325ft) minimum, 200m (650ft) maximum

Requirements: Intermediate terrain with a constant gradient.

ADVANCED:

*Number of Gates**: 18 minimum, 35 maximum

*Vertical Drop***: 150 m (487ft) minimum, 300m (975ft) maximum

Requirements: High intermediate to advanced terrain and may be variable gradient.

SECTION C

Equipment and Safety Requirements

Athletes will follow the appropriate equipment specifications outlined in the FIS rulebook. Helmets* are mandatory and must be worn by athletes while competing in all events.

*Note: Hockey, cycling and other helmets not designed for Alpine Skiing will not be permitted.