

## FIGURE SKATING PROTOCOL

General	Practice proper hygiene – wash hands before and after practice, do not touch your face, and avoid touching frequently touched surfaces when at practice.
General	All members of the group must practice physical distancing – 2 metres between their gear, themselves, etc. on ice and on the bench.
General	Skaters are expected to follow session right-of-way protocols and stay physically distanced from other athletes and coaches.
General	No loitering in venue or parking lots before/after practice. Following practice, exit the rink as promptly as possible and avoid excess socializing in the lobby and/or parking lot after your practice.
General	Come prepared to train (in practice wear, pre-filled water bottle, etc.). Do not assume that dressing rooms will be open. If dressing rooms are open, limit to only necessary use.
General	In early stages of the return, only athletes who can skate independently will participate (i.e. no learn-to-skate programs).
General	Participants must wash their hands or use hand sanitizer prior to going on ice, and after any trips to the washroom.
Local Expectation	<p><b>Maximum number of athletes per program in Level 1:</b> To be determined by each program while adhering to the SOBC requirement of maximum 20 people on the ice at one time and required athlete to coach ratio</p> <p><b>Athlete to coach ratio:</b> Minimum 4:1 athlete to coach ratio (<b>Note:</b> All programs must have minimum 2 coaches, or minimum one coach and one Program Safety Volunteer, to meet Safe Sport Rule of Two standards)</p>
Coach	If SOBC is part of a club-organized session, follow club protocols and procedures. Ensure SOBC athletes know these protocols. Practices should align with <a href="#">BC/YK Section Return to Play for Figure Skating</a> .
Coach	Inquire about facility protocols prior to practice and be familiar with procedures. Ensure athletes are aware of these protocols and everyone adheres to them.
Equipment	All participants must use their own equipment (skates, aids, helmets, etc.) for the entire duration of practice. No sharing is allowed.
Athletes	Skaters are expected to lace their own skates. If help is needed, a parent or caregiver will need to do this outside of the facility prior to program start time. The athlete can walk into the facility with skate guards.
Parents/Caregivers	Spectators are not allowed in Level 1. In Level 2 and beyond, this may be dependent upon the facility restrictions.