

CURLING PROTOCOL

General	Practice proper hygiene – wash hands before and after practice, do not touch your face, and avoid touching frequently touched surfaces when at practice.
General	All members of the group must practice physical distancing – 3 metres between their gear, themselves, etc. both on and off the ice.
General	No loitering in venue or parking lots before/after practice. Following play, exit the venue as promptly as possible and avoid excess socializing in the parking lot after your practice.
General	In early stages of the return, only athletes who can curl independently will participate (i.e. no learn-to-curl programs).
General	Where there is a discrepancy between the facility and SOBC protocols, follow the directive with a higher level of protection and safety for your context.
Local Expectation	<p>Maximum group numbers per program in Level 1: INDOOR – If one or more athletes is 22 year of age or older, there can be a maximum of 1 athlete for a total group size of 2. If all athletes are under the age of 22, there can be a maximum of 9 athletes for a total group size of 12.</p> <p>Athlete to coach ratio: Must have 1 coach per sheet.</p>
Coach	No crossover between training groups once the season starts. Coaches must only train the group of athletes they have been assigned to, no substitutions. If a coach is sick or unwell, they will need to inform the athletes that that particular practice has been cancelled.
Coach	Inquire about facility protocols prior to practice and be familiar with procedures. Ensure athletes are aware of these protocols and all members of the group adhere to them.
Coach	Consider doubles or triples play to decrease number of curlers on ice.
Coach	When measuring, sanitize your hands before and after using the measuring device.
Coach	If you will not be sanitizing the scoreboard numbers after each game, consider other methods of keeping score (example: record on one person's phone).
Coach	One sweeper only on all delivered stones per game.
Coach	The skip of the non-delivering team must remain in the hack area until all stones come to rest.
Athlete	Athletes must arrive no earlier than 5 minutes before the start of practice and be dressed ready to train.
Equipment	Participants must use their own equipment (brooms, delivery aides, sliders, grippers) for the entire duration of practice. No sharing is allowed. If renting is necessary and available, ensure equipment is sanitized before and after use.
Equipment	Stones must be sanitized at the start of each draw. Players must select their stones and not touch any stones other than their own. No interchanging of stones during a game.