

BOWLING PROTOCOL

General	Practice proper hygiene – wash hands before and after practice, do not touch your face, and avoid touching frequently touched surfaces when at practice.
General	All members of the group must practice physical distancing – 2 metres between their gear, themselves, etc.
General	If 2 metres of physical distancing cannot be maintained in the bowling centre, wearing a mask is strongly advised.
Local Expectation	<p>Maximum number of athletes per program in Pilot Level: 12</p> <p>Maximum number of athletes per program in Level 1: 5 athletes per lane, up to a maximum of 25 per program, given that only every second lane is used</p> <p>Athlete to coach ratio: Must have at least 1 coach per lane (Note: All programs must have minimum 2 coaches, or minimum one coach and one Program Safety Volunteer, to meet Safe Sport Rule of Two standards)</p>
Coach	If social distancing cannot be maintained while providing instruction, coaches must wear masks.
Coach	If timelines for your practice have changed, consider doing skill development as per the basic skills drills.
Facility	During early stages of Return to Sport, only use every other lane, leaving the setting area for one team of five. Athletes should not change lanes, taking all of their turns on one lane.
Facility	Do not loiter in venue or parking lots before/after practice. Following practice, exit the venue as promptly as possible and avoid socializing in the lobby and/or parking lot after your practice.
Facility	Parents, caregivers, and spectators are not allowed to stay at the lanes unless working directly with their athlete as a 1-to-1 support.
Facility	Use a bowling centre. Inquire about facility protocols prior to practice and be familiar with procedures. Ensure athletes are aware of these protocols and the group adheres to them.
Athlete and Coach	Only one athlete and one coach can be on the lanes at one time. Physical distancing must occur and if that is not possible, the coach must wear a mask.
Equipment	If athletes have their own balls, then athletes should bring their balls in a bag or basket that will allow them to remove their balls from the ball return after each turn. This will eliminate the need for anyone else to handle their balls.
Equipment	If an athlete does not have their own balls, a coach must ensure that the communal balls are sanitized before every game and athletes are sanitizing their hands after bowling each frame.