

## BOWLING PROTOCOL

General	Practice proper hygiene – wash hands before and after practice, do not touch your face, and avoid touching frequently touched surfaces when at practice.
General	All members of the group must practice physical distancing – 3 metres between their gear, themselves, etc.
Local Expectation	<p><b>Maximum number of athletes per program in Level 1:</b>          INDOOR – If one or more athletes is 22 years of age or older, there can be a maximum of 1 athlete for a total group size of 2. If all athletes are under the age of 22, there can be 3 athletes per lane up to a maximum of 9 athletes for a total group size of 12. Unless there are physical barriers between lanes (ie. plexiglass or curtains), only every second lane is to be used.</p> <p><b>Athlete to coach ratio:</b> Must have 1 coach per lane.</p>
Coach	If timelines for your practice have changed, consider doing skill development as per the basic skills drills.
Coach	No crossover between training groups once the season starts. Coaches must only train the group of athletes they have been assigned to, no substitutions. If a coach is sick or unwell, they will need to inform the athletes that that particular practice has been cancelled.
Facility	Athletes should not change lanes, taking all of their turns on one lane.
Facility	Do not loiter in venue or parking lots before/after practice. Following practice, exit the venue as promptly as possible and avoid socializing in the lobby and/or parking lot after your practice.
Facility	Parents, caregivers, and spectators are not allowed to stay at the lanes unless working directly with their athlete as a 1-to-1 support.
Facility	Use a bowling centre. Inquire about facility protocols prior to practice and be familiar with procedures. Ensure athletes are aware of these protocols and the group adheres to them.
Athlete and Coach	Only one athlete and one coach can be on the lanes at one time. Physical distancing must occur.
Equipment	If athletes have their own balls, then athletes should bring their balls in a bag or basket that will allow them to remove their balls from the ball return after each turn. This will eliminate the need for anyone else to handle their balls.
Equipment	If an athlete does not have their own balls, a coach must ensure that the communal balls are sanitized before every game and athletes are sanitizing their hands after bowling each frame.