



Jennifer Rogers Swan Memorial Meet

May 6, 2023

Gerry and Jane Swan Track at Rotary Stadium
32470 Haida Drive, Abbotsford, BC

Map link:

<https://www.google.ca/maps/place/32470+Haida+Dr,+Abbotsford,+BC+V2T+5A6/@49.0655161,-122.3274365,17z/data=!3m1!4b1!4m5!3m4!1s0x548435160a678827:0xea56c054f9dd00ff!8m2!3d49.0655161!4d-122.3252478>



Jennifer Rogers Swan, daughter of Gerry and Jane Swan, was a member of the Valley Royals Track & Field Club from its inaugural year (1980). She was a 400m Hurdle Specialist winning the BC High school event with a time of 62.12 seconds. She attended BYU, where she earned her teaching degree. We lost Jennifer on February 10, 2014 in a car accident. For more information, please visit www.valleyroyals.ca where you can find a biography written by her father, Gerry and a "Remembering Jennifer Rogers Swan" page with notes from many of her family and friends.

SIGNATURE EVENT

This meet will feature a 400m Hurdle race in honor of Jennifer for U18, U20 & Open Categories

This is a BC Athletics Sanctioned meet with events open to all ages; there will be some restrictions with respect to distances and implement weights at certain ages (see Schedule). **MASTERS Athletes may compete in the Open Category**

Valley Royals reserve the right to limit entries.

Meet Organizer	Debbie Foote	debbieandabresia@hotmail.com
Meet Secretary	Dawn Driver/Debbie Trustham	dawn_driver@hotmail.com debbietrustham@telus.net
Meet Director	Paul Trustham	paultrustham@telus.net
<u>Time:</u>	Track: First event 9:00 am Field: First event 9:00 am	Last Event 4:00 pm Last Event 3:30 pm

Entry Deadline: **Wednesday May 3, 2023 (11:59pm)**

Registration: Register, in advance, before the Entry Deadline at www.trackie.com link will be available at www.valleyroyals.ca
Non-BC Athletics Members must register online subject to one day fee - \$3.00 per athlete
Special Olympics register as follows:

- Please email debbieandabresia@hotmail.com to register and to e-transfer entry fees.
- If special arrangements required, please email to discuss.
- Please provide the following details in your email:
 - o Name (first/last), Birthdate, Club, Male or Female and Events

Day-of Registration NOT available after 8am.

<u>Late Registration:</u>	No Late Registration allowed
<u>Entry Fee:</u>	\$10.00 – per event BC Athletics members \$20.00 Flat fee for Special Olympics events. Athletes are encouraged to take part in any combination of three events up to a maximum of five excluding relays to take full advantage of the experience. No minimum number of events.
<u>Awards:</u>	Ribbons – places will be advised.
<u>Conflicting Events:</u>	<p>IF TWO EVENTS OCCUR AT THE SAME TIME FOR AN ATHLETE the athlete or the parent/coach should notify the field event organizer AND the track event marshal of the situation at the time that each event is marshalled.</p> <p>A short time before the track event is run, the athlete must notify the field event officials and go to the race.</p> <p>COMPETITION WILL NOT BE PUT ON HOLD UNTIL ATHLETES RETURN and Athletes cannot catch up on missed rounds of throws/jumps.</p> <p>The athlete will enter the competition at the point that it has reached when they return. This situation is a common occurrence at track and field meets.</p>
<u>Schedule:</u>	<p>A copy of the Schedule will be available</p> <p>Up-to date schedule available Online prior to the meet at www.valleyroyals.ca</p> <p>Events may run up to 30 minutes ahead of schedule</p> <p>Schedule is subject to change – please review carefully</p> <p>All changes to posted results will be made in consultation with the Track or Field Referee and Meet Director.</p>
<u>Event Check-in Marshalling:</u>	<p>TRACK EVENTS - marshalled at the applicable start line; please check in 20-30 minutes prior to start</p> <p>FIELD EVENTS – Please check in 20 – 30 minutes prior to the start</p> <p>NOTE: Please pay attention to the schedule which can change. Events may move up</p>
<u>Registration Packages:</u>	<p>Registration packages, including athletes' numbers, will be available for pick up at the check-in table by coaches or team reps at 8:00. a.m. on Saturday</p> <p>Numbers must be worn for all running events on the front of athlete's singlet</p> <p>Numbers may be worn on front or back of singlet for field events (e.g., Pole Vault)</p> <p>Athletes must wear their assigned bib number. Athletes using another athlete's number will be disqualified from participating in the rest of the meet</p>
<u>Additional Notes:</u>	<p>EACH CLUB IS RESPONSIBLE FOR THE SUPERVISION AND CONDUCT OF THEIR ATHLETES.</p> <p>Coaches, athletes and spectators are not allowed on the field of play [infield]. All coaches and spectators must stay out of designated competition areas.</p> <p>Coaching must take place from an area designated by the chief official.</p> <p>Athletes who are competing must stay within the competition area with the other competitor</p>



Jennifer Rogers Swan Memorial Track Meet SCHEDULE Saturday May 6, 2023



**Gerry & Jane Swan Track,
Rotary Stadium, Abbotsford**

Online registration link (& email for Special Olympics registration) at <https://valleyroyals.ca/>



Youngest to Oldest - Female then Male
JDs & Special Olympics Athletes: 3 Throws/Jumps U16
to Open: 3 Throws/Jumps, Top 8 get 3 more Masters are
welcome to compete in the Open category **Schedule**
subject to change depending on registration.
Events can run up to 30 min. ahead of schedule

Saturday May 6, 2023

8:30 am	Coaches Meeting		
	Track		Field
9:00 am	M F 1500m Steeple Ch U16	9:00am	
9:30 am	M F 1500m RW U16	9:30 am	W High Jump U16 to Open (08 & Older)
10:00 am	W 80 m Hurdles U 16 (07/08)	10:00am	
	M 100 m Hurdles U16 (07/08)		M Shot Put 9 – 11 (11 – 13)
	W 100m Hurdles U18 - Open (05 & Older)		M Long Jump U16 to Open & Spec-O (08 & Older)
	M 110 m Hurdles U18 - Open (05 & Older)		W Javelin U16 to Open (08 & Older)
		10:30 am	M Shot Put 12 – 13 (07 – 08)
10:45 am	W 60m 9 – 11 (11-13)	10:45 am	M High Jump U16 to Open (08 & older)
	M 60m 9 – 11 (11-13)	11:00 am	W Shot Put 9 – 11 (11-13)
	W 100m 12 – Open (10 & Older)		M Long Jump 9 – 13 (11-13)
	M 100m 12 – Open (10 & Older)		M Javelin U16 to Open (08 & older)
	W 100 m Special-O	11:30 am	
	M 100 m Special-O	11:45 am	W Shot Put U16 to Open & Spec-O (08 & Older)
		12:00 pm	M High Jump 9 – 11 (11-13)

	Track		Field
11:45 am	Jennifer Rogers Swan Signature Event 400M Hurdles W 400m Hurdles U18, U20, Open M 400m Hurdles U18, U20, Open		
12:30 pm	Kids Fun Race (Track Rascals) – 50m or less – Ages 8 and under Parent Participation encouraged		
1:00 pm	W 600m 9 – 11 (11-13)	1:00 pm	W Shot Put 12 – 13 (09-10)
	M 600m M 9 – 11 (11-13)		W Long Jump U16 to Open & Spec-O (08 & Older) - W/M Standing Long Jump Special O
	W 800m 12 to Open (08 & Older)		POLE VAULT OPEN Men's and Women's U16 to open (08 & older) Weather Permitting. Duration depends on # of
	M 800m 12 to Open (08 & Older)	1:00 pm	M High Jump 12 – 13 (09-10)
	W 800m Special-O	2:00 pm	M Shot Put U16 to Open & Spec-O (08 & Older)
	M 800m Special-O		W Long Jump 9 – 11 (11-13)
2:00 pm	W 200m 11 to open (09 & Older)		
	M 200m 11 to open (09 & Older)	2:30 pm	W High Jump 9 – 11 (11-13)
	W 200m Special-O		
	M 200m Special-O	3:00 pm	W Long Jump 12 – 13 (09 - 10)
2:30 pm	W 300m 12,13 & U16 (05 - 08)		
	M 300m 12, 13 & U16 (05 - 08)	3:30 pm	W High Jump 12 – 13 (09 – 10)
3:00 pm	W 400m U18, U20 & Open (04 & Older)		
	M 400m U18, U20 & Open (04 & Older)		
	W 400m Special-O		
	M 400m Special-O		
4:00 pm	W 1200m 12, 13, U16 (05 – 08)		
	M 1200m 12, 13, U16 (05 – 08)		
	W 1500m U18, U20 & Open (04 & Older)		
	M 1500m U18, U20, & Open (04 & Older)		

Officials:



Become an Official

BC Athletics members are invited to join the B.C. New Officials Class of 2022. **Become a Level 1 or 2 official!**

Registration is now open with on-line training starting in March. More information, and registration at the link below.

More information and registration: [Click Here](#)

Parking:

There is ample parking at this site, on the north side of the stadium.

Medical/First Aid:

First Aid attendant on site

Food & Beverages:

Food truck will be on