

## **BEST PRACTICES - Athlete**

The purpose of this tool is to make sure that Special Olympic programs are working well for athletes and we value your answers. Please fill this in and discuss any questions that you might have with your coach or a family member/friend. There is also a question sheet for the Head Coach, an Assistant Coach and a Local Committee Member to give their point of view.

(1)	Not satisfactory	(2) OK, but could be better	(3) Good	( 4) Very Good	
	My Coaches know about the sport and the skills to be learned				
	My Coaches are well prepared for the practice				
	There is enough equipment and it is of good quality				
	The facility is safe and appropriate for the sport				
	My Coaches explain so I understand what I am to do				
	My Coaches motivate me to do my best in practice and in competition				
	My Coaches help everyone in the program to succeed as athletes				
	My Coaches encourage everyone to be competitive				
	My Coaches are fair and honest				
	My coaches are patient				
	My Coaches are positive role models for me				
	I find the experience to be challenging				
	My Coaches emphasize the importance of treating officials and all coaches with respect				
	My Coaches treat my fellow athletes and me with respect				
	The program definitely increases my knowledge and ability in the sport				
	I would recommend this program to others				
	Overall, the program is very good				
Name and Phone number					
Lo	cal	Sport			

Thank you for your time and comments to help make Special Olympics a great sport organization.