Ridge Meadows 2023 Spring Sport Schedule



Program	Location	Date/Time (No sessions on long weekends Sat/Sun/Mon)	Start Date (subject to change)	End Date (subject to change)
Athletics (Track & Field)	Maple Ridge Secondary Track	Wednesdays 6:30 – 7:30 p.m.	April 12	June 28
Bocce	Morningstar Field #2 (Telosky)	Thursdays 6:30 – 7:30 p.m.	April 13	June 29
Fit Family & Friends	Various	Weekends	July	August
Golf	Various	Tuesdays 6:00 – 7:00	April 10	June 26
Soccer	Maple Ridge Secondary field	Wednesdays 7:30 – 8:30 p.m.	April 12	June 28

Athletes will be contacted by coaches to confirm start date and time. DO NOT attend the session until you have this confirmation.

Reminder that athletes will not be allowed to participate until the registrar has received and distributed the updated medical form to coaches.

For updates to this schedule:

https://specialolympics.ca/british-columbia/communities/ridge-meadows

To learn more and get involved please contact:

<u>LocalSORM@gmail.com</u> VolunteerSORM@gmail.com

We need volunteers for ALL programs this spring.

Programs are subject to postponement until we have enough volunteers and coaches in place.