



## 2023-24 Creston SOBC Sports news.



Featured Athletes: David B and James W have been SOBC athletes for over 10 years. David practices bowling and floor hockey. James participates in Club Fit, Bowling, Floor Hockey, and Golf. In 2017, along with Creston athletes, Kathy, and Steven, they went to the SO Canada Winter games in Corner Brook, NL and won bronze in Floor Hockey. David and James attended the Winter Provincial games in Floor Hockey in Vernon in 2019 and won a gold medal with other athletes from Kelowna. In February 2023, they went to Kamloops with Creston athletes Jonathan and Maclean and won bronze in 5-pin bowling at the Provincial games. Way to go, David and James!



Floor hockey Wednesdays 4:15pm to 5:15pm **at Adam Robertson elementary school gym.**

Q: Heard about the Ghostbuster who was signed to the hockey team?

A: He is great at blocking ghouls.



Curling started Thursday October 19, 2023, from 7pm to **8:30** pm at the Curling Rink at the Recreation Center. Bring clean shoes (not the ones worn the get to the rink), also a helmet (bike or floor hockey helmets are good), a warm sweatshirt and gloves.

Q: why did the curler cross the ice?

A: to get to the other house.

Club Fit: Mondays from 4:15 to 5:15 p.m (Mondays) at the Adam Robertson Elementary School gym. **Please bring clean indoor shoes. Note: no Club Fit on November 13<sup>th</sup>, 2023: schools are closed in lieu of Remembrance Day.**

The next SOBC Athlete Leadership course coming this fall is the return of Athlete Reporter training! This two-part training course is being held on Zoom on October 29 and November 5, both from 6:30 to 8 p.m. PT. SOBC Athlete Reporters complete training on storytelling, technology use, and social media to help share Special Olympics voices and stories. To register: Please contact [athleteleadership@specialolympics.bc.ca](mailto:athleteleadership@specialolympics.bc.ca)

Are you a SOBC athlete interested in becoming a health messenger or wanting to know more about the Health Messenger role. Please click on the following link.

[Special Olympics BC Health Messenger Interest Form \(office.com\)](#)



**Our SOBC Creston team of volunteers includes:**

**Winter Sports head coaches:** Heather for ClubFit

Shelagh for Bowling

Ryan for Floor Hockey

Ed H for curling

**and their assistant coaches and program volunteers.**

**Local Committee members:**

**Deb, Local coordinator** [creston@specialolympics.bc.ca](mailto:creston@specialolympics.bc.ca)

**Rachel, Registration coordinator** [creston.registration@specialolympics.bc.ca](mailto:creston.registration@specialolympics.bc.ca)

**Mary, Secretary**

**Claire, athlete representative** [corinneclairelemaire@gmail.com](mailto:corinneclairelemaire@gmail.com)

**Corinne, PR/social media coordinator** [corinneclairelemaire@gmail.com](mailto:corinneclairelemaire@gmail.com)

**Ed S, treasurer**

**David A, Sports Program coordinator**

We so appreciate our head coaches, assistant coaches, program volunteers, supporters, the local committee members and the staff at SOBC. Thank you all.

If you know someone who would like to contribute their skills and enthusiasm and help change lives, please contact our Local Coordinator Deb Justus at:  
[creston@specialolympics.bc.ca](mailto:creston@specialolympics.bc.ca)

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