



School Package

2021



Special Olympics BC
Provincial Challenge Games



In a typical year, Special Olympics BC would be hosting our 2021 Provincial Summer Games, bringing athletes and volunteers from around the province together in person. While we can't come together the way we had originally planned, we wanted to find a way to still give everyone the opportunity to be active and celebrate together. So we are introducing the SOBC Provincial Challenge Games – bringing the Games to communities province-wide!

Participating students will receive the monthly SOBC Provincial Challenge Games calendar, which will have daily physical and wellness activities. Teachers can act as training group leaders to provide encouragement and help track points.

Students will earn points that will help their Regional team claim top spot in the province! Every challenge activity that a student completes will earn points toward their Regional team's total. Team totals will be averaged based on the number of participants per team, so every Region has the potential to come out on top – no matter their size!

The challenge calendars will be very similar to those SOBC has offered throughout the past year – check out the [past calendars](#) for examples. But there will be some new activities and new creative ways to win points and be entered into weekly prize draws!

Timeline

- **April to May 14: Registration!**
 - Each registered Games participant that competes the challenge activities through the months of May and June will receive a Games uniform piece.
 - Register by May 14 to ensure you're in the special Games prize draw! If your school has late entrants, please don't hesitate to contact your Regional Team Leader or SOBC Staff person (contact information listed at the end of the document)

- **May 1 to June 18: SOBC Provincial Challenge Games competition!**
 - SOBC hosts a virtual Provincial Challenge Games Opening Ceremony April 29.
 - SOBC issues a Provincial Challenge Games activity calendar for each month and maintains a leaderboard tracking regional team rankings.
 - Athletes complete challenges and count their points.
 - Training group leaders connect regularly with athletes and submit points to team.
 - Regional teams come together virtually for monthly pep rallies.

- **June 23 to 24: SOBC Provincial Challenge Games Ceremonies!**
 - Virtual awards, dance parties, and more.

Getting your School Involved:

- 1) Recruit students and register them using the form attached to this package
- 2) Connect regularly with your students
- 3) Track and submit points weekly

Questions about the contents of this package can be directed to your Regional Team Leader and/or your SOBC staff person.

Recruiting Students and Registration

Once your school has identified its Training Group Leader(s), you can start recruiting students to be part of this challenge. Both students with and without intellectual disabilities can earn points together!

Please find the registration form attached. This form will also register your school as a training group. There can be multiple training groups within one school – please fill out a new registration form for each training group. Once you have registered, SOBC will connect you with your Regional team so you can participate in monthly pep rallies and be introduced to SOBC community members!

Connecting with Your Training Group

Check in with your training group on a regular basis. At a minimum, it is suggested that you connect with your training group once a week. These can take the form of a weekly zoom calls, in-person school activities, etc. Connecting with your training group regularly help will keep students motivated and accountable to the group! Weekly check-ins should include:

- A motivational component
- Opportunity for students to discuss what activities they have completed that week
- Record of points earned that week
- Setting goals for the next week

In-person activities must follow your school's COVID-19 plan and protocols.

The Challenge Games monthly calendars can be downloaded as a fillable PDF or printed directly from our [website](#). If you have students that require printed resources, please inform hcheung@specialolympics.bc.ca when you register your training group and we will mail information to the school or students directly. Please note that it may take up to 7 days for the printed resource package to arrive.

Tracking Points

The Challenge Games calendar will be available on the website as a fillable PDF the day prior to each Challenge Games month. Teachers or students can also print this out to track their points if they prefer. How the students provide these points to the training group leaders will be up to the training group.

Points for daily activities will be listed on the calendar. There will also be lots of bonus points athletes can earn! Please note:

- SOBC Trainer Tuesday and Throwdown Thursday Facebook Live workouts session will include a unique password provided by the presenter. Students must tell you the correct password to earn these points! Please contact your Regional Team Leader for the list of Facebook Live passwords.
- All Facebook Live sessions are recoded and listed on the SOBC Facebook page. They can be watched at anytime.
- Training Team Leaders can award up to 3 bonus points a week per athlete using their discretion for unique group challenges, extra motivation, exceptionally hardworking students, etc.

- Participating in any school-based physical activity program (Virtual or in-person) can count towards daily challenges.

SOBC will provide additional ideas on how to complete daily challenges, which can be found on the website, but training groups are welcome to get creative with their own physical activities!

Submitting Points for Prizes

Each week, Training Group Leaders will submit points for their training group using an online form that will be provided to you. Weekly points are earned from Saturday to Friday. When submitting points, Training Group Leaders can nominate one athlete from their training group to have their name entered in a weekly prize draw.

To be eligible for weekly prizes, points must be submitted by Sunday.

Points earned by your training group will be added to your Regional team's total points. A virtual Regional team leaderboard will be updated weekly. Points collected will be prorated by the number of participants in each region to ensure that the Regional Team leaderboard and incentives are awarded fairly.

SOBC wants to see and share photos and videos of your group completing your challenges! If you are comfortable with SOBC posting your image on social media, please share your images and videos by uploading them [here](#). If you need support in submitting your images, please contact SOBC Communications Coordinator Joseph Knowles by email at jknowles@specialolympics.bc.ca or cell at 604-619-2086.

Additional Information

Tip for using Zoom

- Zoom 101: <https://www.zdnet.com/article/zoom-101-a-starter-guide-for-beginners-plus-advanced-tips-and-tricks-for-pros/>
- SOO How to Use Zoom (Athlete) Video: https://www.youtube.com/watch?v=p5c_Wqpfy0Q#video_1

How to Download, Complete, and Save a PDF:

https://www.specialolympics.ca/sites/default/files/SOBC_FillablePDFInstructions.pdf

Regional Team Leader and SOBC Staff Support

Region	Regional Team Leader	SOBC Staff
1	Joanne Thom, joanne@dunlop trucks.com	Helen Cheung, hcheung@specialolympics.bc.ca
2	Susan Foisy, Susan.foisy02@gmail.com	
3	Mark Schnurr, region3sobc@gmail.com	
4	Peter De Marchi, petercdemarchi@gmail.com	
5	Darren Inouye, darren@sobcregion5.ca	
6	Jason Yan, region6sobc@gmail.com	
7	Tina Giesbrecht, tgiesbrecht.specialO@gmail.com	
8	Alexandra Orser, alexandraorser@gmail.com	

