



General	All athletes, coaches, volunteers and Affiliate Management Committee members must follow municipal and provincial mandates for all facilities. These directives will supersede all SOA directives.
General	Athletes, coaches, and Affiliate Management Committee members are to be familiar with and follow protocols prior to starting programs.
General	If a program is found to be ignoring any safety protocol, that program will be cancelled until further notice/remediation.
General	At any one time, size of individual training groups is limited to 50 participants or the maximum of participants permitted by the facility.
General	Total size of gatherings, inclusive of all athletes, volunteers, coaches, parents, club personnel, and contracted services, will be limited.
General	The individuals will respond "yes" any of the screening questions in Attendance Protocol and Tracker for Special Olympics Canada Activities (Appendix C) are not be permitted to attend practice or enter training venues.
General	Individuals that belong to a higher risk demographic for COVID-19 related symptoms are recommended to consult with their health care provider before participation.
General	Practice social/physical distancing by keeping two metres (six feet) away from others always.
General	Participants should not carpool together unless in the same family, home or sport cohort. Group transportation should be avoided.
General	Wash your hands often with soap and water for at least 20 seconds. Using soap and water is the single most effective way of reducing the spread of infection. If soap and water are not available, alcohol-based hand rubs (ABHR) can be used to clean your hands if they are not visibly soiled. If they are visibly soiled, use a wipe and then ABHR to effectively clean your hands.
General	Do not touch your face, eyes, nose, or mouth.
General	Cover your mouth and nose with a disposable tissue or the crease of your elbow when you sneeze or cough.
General	Do not share food, drinks, utensils, water bottles, etc.
General	Restrict personal items to only what is needed for practice. Each participant's personal belongings need to be kept 2 metres apart.
General	Put in place physical barriers to separate athletes from the public. (i.e. cones or markers may be used to cordon off area to be used for training.)

General	If equipment is kept and stored by the coach or Local, it must be cleaned and disinfected after each practice.
General	Do not assume that washroom facilities will be open at any training facility. You are encouraged to use a washroom before you arrive. If washrooms are open for use, limit occupancy to one person at a time.
General	Regularly clean and disinfect frequently touched surfaces.
Affiliate Expectations	Compliance with the Affiliate/Community Program Minimum Standards Checklist must be agreed to prior to starting any program. Completion of screening must be documented, and records sent to SOA Provincial Office.
Affiliate Expectations	Provide programs with Personal Protective Equipment kit including, but not limited to: <ul style="list-style-type: none"> • Disinfectant wipes and/or disinfectant spray as listed by Health Canada • Hand sanitizer as listed by Health Canada • Gloves • Non-medical masks • Clear face shields or masks with clear inserts as needed for programs with participants who are hard of hearing or deaf
Affiliate Expectations	Set training schedules that will allow programs to meet all limits imposed on group size and to avoid congregation of athletes and coaches (i.e. stagger training start times and/or training group locations within facilities). If you have multiple training groups on the same day, there needs to be at least 30 minutes between groups to ensure everyone can arrive and depart safely and that there is enough time for cleaning of equipment.
Head Coach Expectation	Ensure a Program Safety Volunteer is present at every practice.
Coach Expectation	At training venue, ensure there can be a self-isolation containment area for participants showing symptoms of illness while they wait for transportation to a medical centre or home.
Coach Expectation	Review safety protocols/education for the first month of practices.
Coach Expectation	At training venue, post signage for physical distancing and hand hygiene.
Coach Expectation	Review your EAP and update to ensure it meets all COVID-19 safety measures and procedures prior to the first practice.
Coach Expectation	If athletes require additional or 1-to-1 support, modifications must be made while still maintaining the maximum group size and ratios.
Athlete Expectations	No handshaking, high fives, hugging, etc. from arrival of program until departure.
Athlete Expectations	Do not loiter at the facility or in the parking lot before or after training sessions.
Athlete Expectations	Bring your own pre-filled water bottle and snacks to training. Do not assume that there will be any food/drinks available for purchase at practice venues.

Athlete and Coach Expectation	Failure to observe physical distancing risks the closure of the facility and all programs. If you do not keep your distance from others you will be asked to leave practice and may be suspended from future participation.
Parent & Caregiver Expectations	Be aware of any safety procedures set by your athlete's program. Prepare your athlete for training to look different when they return to sport. Help educate them on these new processes and expectations.
Parent & Caregiver Expectations	Abide by barriers coaches have put in place to separate athletes from the public. Do not loiter at facilities, including parking lots, unless working directly with your athlete. Exception: 1-to-1 support