



Special Olympics West Central 2018-2019 Season

Sport Club	Day	Time	Location	Start Date	End Date
5 Pin Bowling	Every second Tuesday	5:45 – 7:15 pm	St. Albert Bowling Lanes	Sept 25	April 30
5 Pin Bowling	Every second Thursday	6:46 – 8:30 pm	Wabamun Bowling Lanes	Sept 20	April 18
Active Start and Fundamentals Session 1	Saturday	1:00 - 2:00 pm	PERC BUILDING Stony Plain	Sept 29	Dec 1
Active Start and Fundamentals Session 2	Saturday	1:00 - 2:00 pm	PERC BUILDING Stony Plain	January 19	March 23
Athletics	Monday	6:45 8:00 pm	Muir Lake Community School	May 6	June 12
Bocce	Monday	7:00 – 8:00 pm	Jubilee Park	May 6	July 29
Floor Hockey Level A	Wednesday	7:30-8:30 pm	Muir Lake Community School	Oct 3	March 20
Floor Hockey Level C & D	Wednesday	6:45-7:45 pm	Muir Lake Community School	Oct 3	March 20
Golf	Every second Saturday	10:00 am- 12:00 pm	Stony Plain Golf Course	May 11	Sept 7
Rhythmic Gymnastics Session 1	Saturday	2:00-3:00 pm	PERC BUILDING Stony Plain	Sept 29	Dec 1
Rhythmic Gymnastics Session 2	Saturday	2:00-3:00 pm	PERC BUILDING Stony Plain	Jan 19	March 23
Snowshoeing	Every second Saturday	10:00 am- 12:00 pm	Central Lyons Log Cabin, Spruce Grove	Sept 15	April 20
Soccer Beginner	Tuesday	6:30-7:30 pm	Muir Lake Community School	May 7	July 2
Soccer Advanced	Tuesday	7:00-8:00 pm	Muir Lake Community School	May 7	July 2
Softball	Wednesday	6:30-8:00 pm	St. Thomas Aquinas School Spruce Grove	May 15	July 10
Speed Skating Beginner	Friday	5:15-6:15 pm	Tri-Leisure, Spruce Grove	Oct 5	March 8
Speed Skating Intermediate	Friday	4:30 – 5:15 pm	Tri-Leisure, Spruce Grove	Oct 5	March 8
Swimming Child/Youth	Monday	6:30 – 7:30 pm	Tri-Leisure, Spruce Grove	October 15	March 18
Swimming Adult Beginner	Monday	6:30 – 7:30 pm	Tri-Leisure, Spruce Grove	October 15	March 18
Swimming Adult /Youth Intermediate	Monday	6:30 – 7:30 pm	Tri-Leisure, Spruce Grove	October 15	March 18

Questions?: contact Barbara @ 780-962-5935 or by Email at westcentral@specialolympicsalberta.ca

To Register: In-person, Thursday, August 23, 2018 from 6 :00 to 8 :00 pm at the Tri-Leisure Centre or online at www.specialolympics.ca/alberta



Please check our Facebook page “Special Olympics West Central” for updates and cancellations.