



**Special
Olympics**
Saskatchewan

RETURN TO SPORT: **KEY INFO** **FOR ATHLETES**

Webpage: specialolympics.ca/saskatchewan/return_to_sport

Is my sport starting?

All sports are being reviewed to ensure they can be played safely in your community. Even if your sport isn't possible, there will still be training activities available to you.

When can I register?

You will hear from your coach or community volunteers when registration is happening near you.

How will we stay safe?

There will be new rules to follow in your program. You will need to answer some questions for your coaches about how you are feeling or if you have traveled at each practice or sport session. Your practice will also look different because we will need to keep space between one another and keep things very clean. Come to practice ready to listen to your coach and follow the new rules. But don't worry, having fun is still an important rule!

What if there is an outbreak in our community?

Before each practice, if you can, check or have someone help you check your sport on the web page to ensure it is still safe. Some programs or sessions may be cancelled part way through the year if there is a rise in cases of Covid-19.

Who can help me if I have more questions?

Your coach and Special Olympics volunteers in your community will as always be a resource for you. It will be important to communicate with your coach if you have any questions about your sport.