



# POLAR PLUNGE®



FOR SPECIAL OLYMPICS  
BRITISH COLUMBIA

**#Plunge4SOBC** from **March 5 to 20!**

Register online, join our team, and complete your **virtual** Plunge at home!

Join our team:

Or join our in-person Polar Plunge!

When:

Where:

Learn more at:  
[plunge4specialolympics.com](http://plunge4specialolympics.com)

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