



NL ATHLETE LEADERSHIP SUMMIT MENU



FRIDAY APR 12 th		
Meal	Menu	Notes
Lunch	Clubs will be given a per diem of \$14.00/person to cover the cost of lunch while travelling	<i>*Allergies/Dietary needs will be listed here as it becomes available</i>
Supper 5:00PM	Sweet and Sour Chicken, Fried Rice, Vegetables, Dinner Roll, Tea/Coffee/Water/Juice/Milk	
Evening Snack	Tea/Coffee/Water/Juice/Milk and a selection of tea buns/muffins and breads	

SATURDAY APR 13 th		
Breakfast 8:00AM	Bacon, Scrambled Eggs, Toast, Tea/Coffee/Water/Juice/Milk	
Lunch 12:00PM	Macaroni & Cheese, Lettuce & Tomato, Dinner Roll , Tea/Coffee/Water/Juice/Milk	
Supper 5:00PM	Stuffed Chicken Breast, Potato, Vegetables, Tea/Coffee/Water/Juice/Milk	
Evening Snack	Tea/Coffee/Water/Juice/Milk and a selection of tea buns/muffins and breads	

SUNDAY APR 14 th		
Breakfast 8:00AM	Ham, Fried Eggs, Toast Tea/Coffee/Water/Juice/Milk	
Lunch	Clubs will be given a per diem of \$14.00/person to cover the cost of lunch while travelling	

Lion Max Simms Memorial Camp can not guarantee a nut free environment. We have made all participants aware of allergies and asked for participants to not bring any snacks/food that have been noted as allergens.

**Participants are asked to bring refillable water bottles
Snacks outside the above menu items will not be provided**