

## Maximum Performance Rule (MPR)

Divisioning heats are conducted to ensure that athletes compete against athletes of a similar ability level in their final competition. To ensure that athletes compete at the best of their ability during the divisioning round, the maximum performance rule will be implemented.

Maximum performance would indicate that there should be no more than 15% difference in performance between divisioning and final events. If an athlete exceeds their divisioning event performance by 15% in the final round of competition the following shall occur.

- Athlete is flagged under the Maximum Performance Rule (MPR)
- The athlete will be re-divisioned and placed in the correct division as indicated by their time/distance.
- The athlete will be eligible for a medal if their time/distance warrants.
- Re-divisioning will not affect the standing of athletes in the division where the flagged athlete is placed. (i.e. re-divisioned athlete places third in new division, current athlete in division will also be awarded third place).
- Flagged athlete will not receive any selection points (for advancement to higher levels of competition) for the event.
- The Maximum Performance Rule would not apply if an athlete when re-divisioned would still be placed in the same division.

If the coach is of the opinion that his/her athlete has not competed at the best of their ability in the divisioning race, and may be in danger of violating the MPR, they have the option to submit a faster time for their athlete so that they can be placed in a division which reflects their ability.

If an athlete falls or is disqualified in their divisioning event the coach has the following options:

1. Submit a faster time or longer distance/greater height
2. Concede the event qualifying time/distance/height
3. Rerun of the event\*

**\*NOTE:** The following events are eligible to be rerun:

Cross Country: 100m & 500m

Snowshoeing: 100m & 200m

Speed Skating: 111m & 222m

Athletics: 50m, 100m, 200m, 400m, Hurdles

Aquatics: All 25m, & 50m races

If an athlete falls or is disqualified in the second divisioning race, they will have the following two options:

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Created by the Joseph P. Kennedy Jr. Foundation for the benefit of persons with intellectual disabilities

1. Submit a faster time
2. Concede the event qualifying time

**Implementation of the MAXIMUM PERFORMANCE rule cannot be protested.**

**Cross Country Skiing Exception**

For sports like Cross Country Skiing, where environmental changes can impact the performance of the athlete, the following procedures should be implemented:

Prior to the start of each cross country divisioning event, a forerunner would ski the track to determine a baseline time for the course. The same forerunner would ski the track again prior to the final race in each event to establish if the track conditions favour a faster time. This will establish if a percentage change is required to be made to the maximum performance rule. Coaches will be informed if a percentage change is to be made.