



Current Guidelines for SOS Sport Programs - Effective July 11, 2021

Following the removal of the public health orders Special Olympics Saskatchewan (SOS) programs must continue to be delivered in a safe and prudent manner. SOS will continue to monitor the COVID-19 trends in Saskatchewan and any future measures imposed by Public Health. In late August or early September 2021, SOS will communicate how to proceed for 2021-22 programs.

Guidelines for General Operation

- Effective July 11, 2021,
 - There are no group size restrictions. Except for gathering limits defined by the facility or municipality.
 - Outdoor and indoor sport competitions and tournaments are permitted.
 - If a SOS community plans to host a competition or tournament of any kind you must have it sanctioned by Special Olympics Saskatchewan first. A sanction request should be submitted at least 4 weeks prior to the planned competition.
 - Our online Sanction Request Form can be found [here](#)
 - If an SOS community plans to attend a non-SOS sanctioned competition contact Ben Lozinsky (306-780-4923 or blozinsky@specialolympics.sk.ca) at least 4 weeks prior to the competition for approval.
 - Masking, distancing, sanitizing, and other COVID-19 precautions are still recommended for indoor and outdoor sport when and where possible. SOS communities are free to make these mandatory pieces of any program.

Additional SOS Guidelines for Practice/Training and Competitions

(Indoor & Outdoor):

- Each SOS sport program must have a designated person to ensure compliance with these guidelines.
- Ensure all participants are properly registered and have completed the proper waivers and declarations prior to participating in their first session.
- Ensure the attendance tracking protocol of all individuals present at a session is done at the beginning of the session.
- A participant or attendee of any variety who is feeling unwell should not attend a program or gathering. If they do arrive at the gathering and are feeling unwell or become unwell they should go home as soon as possible.



- Minimal use of shared equipment or use of personal equipment is recommended. Shared equipment (helmets, bats, clubs, gloves, etc.) must be sanitized regularly.
- Wherever possible, promote a COVID-19 safe environment by:
 - 2 meters of physical distancing among all participants as much as possible
 - Promoting one-way traffic flow to avoid individuals from inadvertently interacting.
 - Placing stickers or signage on the wall/floor every two metres.
 - Limiting lane use on indoor tracks to every other lane to promote physical distancing.
 - Spacing seats or assigning seating at two-metre distances.
 - Reducing capacity in each room, venue, court or ice surface in the facility.
 - Establish a spaced and quick arrival and departure procedure.
 - No sharing of water bottles.
 - Hand sanitizer approved by Health Canada (DIN or NPN) or soap and water handwashing stations should be available for participants and spectators.