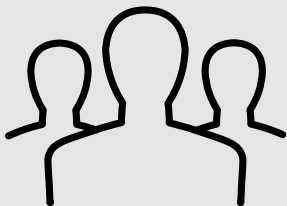


# SOPEI RETURN TO PLAY SAFETY GUIDELINES

Your safety is our priority



1

## CAPACITY BASED ON FACILITY

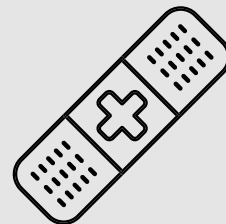
Each program will follow the facilities guidelines on numbers and also keep to their sports ratio. If an athlete requires support, the athlete and caregiver/support worker count as 2 people.

2

## SIGNS OF SICKNESS

If you are sick **DO NOT ATTEND** program.

If you show any kind of sickness at program you will be asked to go home. Please do not come back to program until you are feeling better.



# SOPEI RETURN TO PLAY SAFETY GUIDELINES

Your safety is our priority



**3**

## **NO SPECTATORS**

Only athletes and volunteers who are actively participating in the program are to be present at program.

**4**

## **SIGN-IN WEEKLY AT PROGRAM**

Athletes, coaches and volunteers will be required to sign-in at the beginning of program with their name, phone number and/or email address. These records will be kept for a minimum of 1 month and submitted to the SOPEI office.



# SOPEI RETURN TO PLAY SAFETY GUIDELINES

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**5**

## **ARRIVAL 10-15 MINUTES**

Athletes, coaches and volunteers are not to arrive until 10-15 minutes before the start of program. There is also no gathering in the hallways/lobbies before or after the program.

**6**

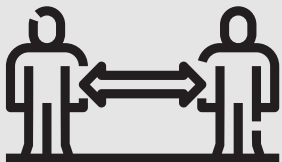
## **WAIT FOR PROGRAM AREA TO BE EMPTY**

Do not enter the program area until all prior users have left the area.



# SOPEI RETURN TO PLAY SAFETY GUIDELINES

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7

## 6-FEET DISTANCE

Athletes, coaches and volunteers are required to maintain 6 feet of distance between themselves and others as much as possible.

8

## NO CHEERING

No chewing gum, sunflower seeds, candy, cheering, singing, or whistling during the program.



# SOPEI RETURN TO PLAY SAFETY GUIDELINES

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9

## NO HIGH FIVES

Handshakes and high fives are not allowed. A tip of the cap will do.

10

## ONLY BRING WHAT YOU NEED

Athletes are asked to only bring what you need to the program. Bags or extra things should be left in your car. If you need to change please do that before you come. Put your name on your water bottle.



# SOPEI RETURN TO PLAY SAFETY GUIDELINES

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## HAND SANITIZER

Programs will be provided hand sanitizer for members to use when they arrive, during the program and when they leave.

12

## NO CARPOOLING

Carpooling from different households is not recommended at this time.



# SOPEI RETURN TO PLAY SAFETY GUIDELINES

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## **MASKS AT INDOOR PROGRAMS**

Masks must be worn by all athletes and volunteers who can do so:

- During entry into the facility, and until program begins.
- During non-instructional time where 6ft of distance is not maintained.
- During all low intensity activities, including but not limited to: walking, 5-pin bowling, and bocce.
- During the use of any facility that has made masks mandatory.
- During exiting of the facility following the end of program.
- Participants (athletes and volunteers) are required to wear a mask at all times during sanctioned in-person activities unless the participant is being impeded during their physical activity.



# SOPEI RETURN TO PLAY SAFETY GUIDELINES

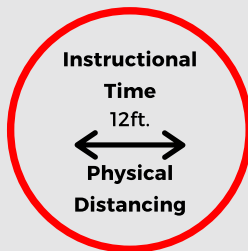
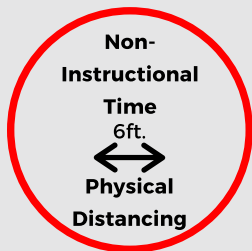
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14

## MASKS AT OUTDOOR PROGRAMS

Masks must be worn by all athletes and volunteers who can do so:

- During non-instructional time where 6ft of distance is not maintained.
- During the use of any facility that has made masks mandatory.
- Volunteers only: during coach/volunteer instruction where 12ft of physical distancing is not maintained.



OR

