



COACH CHECKLIST

Please confirm that a designated volunteer have satisfied the following safety considerations prior to EVERY practice.

- I have confirmed with the SOPEI office that all athletes have completed all required steps prior to attending program, and have emergency contact information should an athlete need to leave immediately.
- I will educated all participants about the importance of physical distancing, hand hygiene, return to sport expectations, and reducing touch points. (Use SOPEI info graphs for visual cues.)
- I have an SOPEI Toolkit including the following items:
 - Disinfecting wipes and/or disinfecting spray with antibacterial clothes.
 - Masks (for emergency purposes where physical distancing cannot be maintained).
 - Gloves (to be kept in pocket during practice)
- I had defined parameters of the area the program was held, including areas of entry/exit. This may include blocking off an area for the program if necessary.
- I arrived early to prepare a screening and sanitation checkpoint.
 - Hand sanitizer was used before, during and after program.
- I ensured all participants were screened using the screening protocol prior to practice beginning.
- I took all reasonable measures to ensure that all program participants are maintained a distance of 2 metres between each other from the time they arrived at practice to the time they departed.
- I sanitized all equipment between athletes' use and before putting it away after practice and I reinforced the need to wash your hands and clothing upon returning home from program.
- I ensured each volunteer had an assigned role during practice to limit unnecessary movement of athletes and volunteers throughout training.
- I will communicate weekly with the SOPEI office, submitting the Attendance Tracker, any additional Declaration forms from 1-on-1 support and any updates regarding the health status of program participants. Any positive COVID-19 test results confirmed from program participants must be reported within 24 hours to Matthew McNally (mmcnally@sopei.com or 902-393-1078).
- I have updated the EAP with any new policies and procedures that have been put in place at the venue. Ensuring cell phones do not need to be shared