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The month of September will feature two Saskatchewan Winter Games sports — this week's topic being volleyball.

Volleyball is an excellent recreational and competitive sport. Teams of six try, with a maximum of three hits (except blocks), to make the ball strike the floor of the opponent's court. The defensive team must keep the ball from hitting the floor by blocking it at the net or digging it in the back court. A team only score when they are serving. While they keep making points they keep serving. When they fail to make a point, the opposing team takes over the serve and has the opportunity to score.

At the '94 Saskatchewan Winter Games, both men's and women's teams will play a full round-robin tournament with the top four teams advancing to medal rounds and the bottom four competing in consolations for fifth to eighth place rankings.

The Saskatchewan Volleyball Association recognizes the 1994 Saskatchewan Winter Games as the Arima Challenge Intermediate Championships (intermediate provincial championships). Twelve men and 12 women (born in 1977 or later) will represent Zone 1 at the Games.

the selection process for the teams that will be representing Zone 1 at the Saskatchewan Winter Games please contact the Zone 1 technical contact for volleyball, Jerome Linnell at 634-9721 or our Zone 1 volleyball liaison, Bernie Brown at 436-4584.

The Zone 1 Sports Council will host the 1993 Multi Sport Camp from Nov. 11-13 in Estevan. Saskatchewan Winter Games sports to be included in this year's event include: badminton, bowling (both 19 and under and Special "O' events), gymnastics, speedskating (both 11-15 years and Special "O' RC events) and wrestling.

This year the camp will serve two purposes: 1) to provide expo Sas sure to five 1994 Saskatchewa \$1,0 Winter Games sports at an introductory level; and 2) to provide a

common location to host selection camps/playoffs to five targeted Saskatchewan Winter Games sports. For more information on the 1993 Multi Sport Camp, contact the Zone 1 Sports Council at 429-2205.

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