

Online Orientation – <https://solearn.ca>

This course is targeted as a basic introduction to Special Olympics in Canada. It covers;

- Overview and Introduction to Special Olympics in Canada
- Risk Management
- Working with Special Olympics athletes

Coaches can take the course online at the Special Olympics SOLearn platform. The course is free but coaches will need to create a login.

Special Olympics Canada Competition Introduction

Special Olympics Canada's Competition Introduction course is a qualified NCCP (National Coach Certification Program) course offered in partnership with the Coaching Association of Canada.

This 12 hour course is offered through your Provincial/Territorial Special Olympics Chapter either in-person course or as a 3-part, virtually facilitated course and acquires 3 PD points towards your NCCP transcript.

Course content covers eight (8) modules;

- Introduction & Foundations
- Intellectual Disabilities
- Analyzing the Athletes
- Long Term Athlete Development (LTAD) Model
- Safety and Risk Management
- Planning a Practice
- Support in Competition

Contact your P/T Chapter for specifics related to SO Competition-Introduction

The Coaching Association of Canada Locker - <https://thelocker.coach.ca/>

Three modules, developed by Special Olympics Canada have been launched on the Locker. All three courses are targeted at Special Olympics coaches and are being offered for free. Upon completion it will be recorded on the coach's NCCP transcript and provides 1 PD point each.

Coaching Athletes with Down syndrome:

Special Olympic Canada's *Coaching Athletes with Down syndrome* eLearning module is designed for those who coach athletes with Down syndrome. In this module coaches learn how to empower athletes with Down syndrome to become active and successful participants in sport.

Once you have completed the module, you will be able to:

- Explain Down syndrome and the characteristics of individuals with Down syndrome

- Describe the benefits of physical activity for individuals with Down syndrome
- Explain how individuals with Down syndrome learn best
- Apply coaching practices that will support optimal outcomes for athletes with

Down syndrome This module will take you approximately 20-30 minutes to complete

Direct Link: <https://thelocker.coach.ca/onlinelearning#SPE-CDS-E>

Coaching Athletes with Autism in a recreational setting:

In this module coaches will receive additional training regarding autism, specific to sport and coaching. The four sections will introduce coaches to autism and what it looks like in a recreation setting, 1:1 strategies for supporting individuals with ASD, and group coaching strategies for supporting individuals with autism. This module was developed in collaboration with the Canucks Autism Network.

Once you have completed this module you will be able to;

- Explain autism and the characteristics of individuals with autism
- Better understand how to support individuals with autism
- Implement and use prompting and modeling in a recreational setting
- Effectively use visual supports and motivational strategies

This module will take you approximately 60 minutes to complete

Direct Link: <https://thelocker.coach.ca/onlinelearning#SPE-CAA-E>

Diversity and Inclusion in Action:

The *Diversity and Inclusion in Action* eLearning module is designed for volunteers, coaches, staff, board members, and/or other stakeholders of your organization. In this module, you will learn how to contribute to the success of an organization that reflects, respects, and promotes diversity and inclusion

Once you have completed the module, you will be able to:

- Recognize your implicit (unconscious) biases and their potential negative impact
- Explain why it's important to create an organization that is diverse and inclusive
- Apply strategies to foster diversity and inclusion

This module will take you approximately 30-40 minutes to complete.

Direct Link: <https://thelocker.coach.ca/onlinelearning#SPE-DIA-E>

Additional Courses through Special Olympics International

Special Olympics International - <https://learn.specialolympics.org/>

SOI has a learning platform for coaches, volunteers, staff and athletes and are currently providing a number of courses, some for free. Coaches can explore the catalogue for courses on unified sports, health, Introduction to Intellectual Disabilities, and some sport specific content.

Coaches will need to create a login to access material.