

Special Olympics PEI exists so that the lives of individuals with intellectual disabilities will be enriched through sport. Athletes will be given the opportunity to move through the SOC LTAD model, with the ultimate aim of promoting fitness, physical literacy and well-being (taken from Executive Summary – SOC – LTAD).

1. It is our goal that as a result of Special Olympics PEI programs, that SO athletes, through sport and friendships, should be physically active for life.
 - a. Individuals should have improved physical health.
2. It is our goal that as a result of Special Olympics PEI programs, that SO athletes, through sport and friendships, should have improved mental health.
 - a. Individuals should have a sense of contributing to community.
 - b. Individuals should have a sense of belonging.
3. It is our goal that as a result of Special Olympics PEI programs, that SO athletes, through sport and friendships, should reach their own personal potential.
 - a. Athletes should have opportunities to compete locally, nationally and internationally.
 - b. Athletes should improve their athletic skills.
4. It is our goal that as a result of Special Olympics programs, that SO athletes, through sport and friendships, should have fun through sport.
5. Special Olympics PEI will increase awareness of Special Olympics and the abilities of Special Olympics athletes to all Islanders.
6. Special Olympics PEI should provide opportunities for families, supporters and volunteers to feel supported.